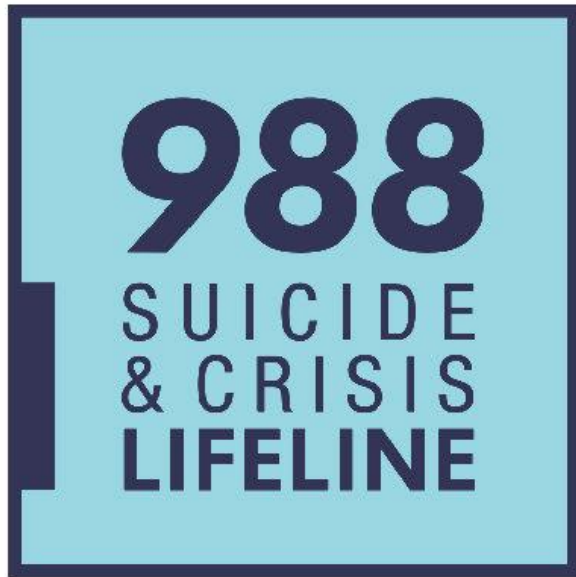


# Board of Health Presentation

September 6th, 2022  
Maplewood Health Department





There is hope



Talk with us.



If you or someone you know  
needs support now,  
call or text **988**

or  
chat **988lifeline.org**





# YOUTH MENTAL HEALTH FIRST AID TRAINING

**Learn how to identify the signs and understand  
and respond to Mental Health Challenges in  
children ages 6-18**

**ANXIETY • DEPRESSION • EATING DISORDERS • ADHD SUBSTANCE  
ABUSE • TRAUMA • SELF-CARE • SOCIAL MEDIA BULLYING • CRISIS  
SUPPORT • HELP & RESOURCES**

**2-HOUR, SELF PACED ONLINE TRAINING  
FOLLOWED BY TWO VIRTUAL CLASSES  
TUESDAY, SEPT. 20TH & THURSDAY, SEPT. 22ND  
6:30PM-9:30PM**

**CERTIFICATION  
VALID FOR  
THREE YEARS**



**NATIONAL  
COUNCIL  
for Mental  
Wellbeing**



**FOR DETAILS CONTACT TALIAH JEFFERS  
AT THE MAPLEWOOD HEALTH DEPARTMENT  
973-762-8120, X2007  
TJEFFERS@MAPLEWOODNJ.GOV**

# MUNICIPAL ALLIANCE INITIATIVES

PARENTS WHO SPEND  
**15 MINUTES PER DAY**  
WITH THEIR CHILD CAN IMPROVE THEIR HEALTH AND WELLBEING



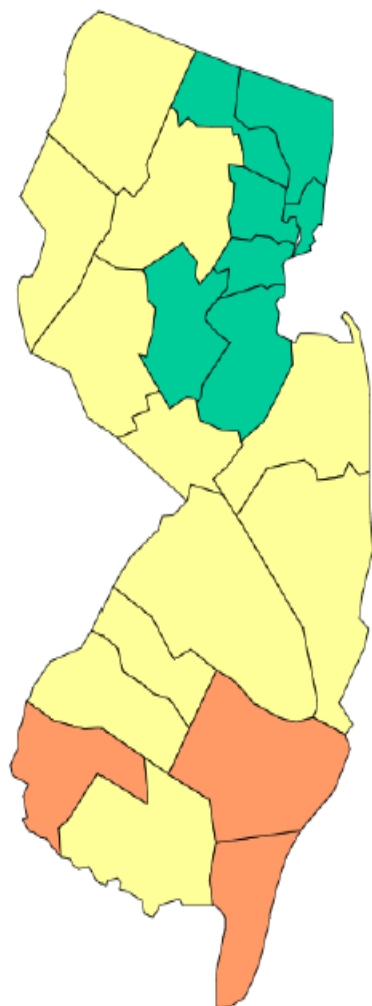
# Communicable and Infectious Disease Update

# COVID Stats- Maplewood

August 2022: 262 cases

Total: 6970 cases

## 1. COVID-19 Community Levels used for Most Settings



Layered prevention strategies can help limit severe disease and reduce potential strain on the healthcare system. [CDC COVID-19 Community Levels](#) are a tool to help communities and individuals determine what prevention measures to take.

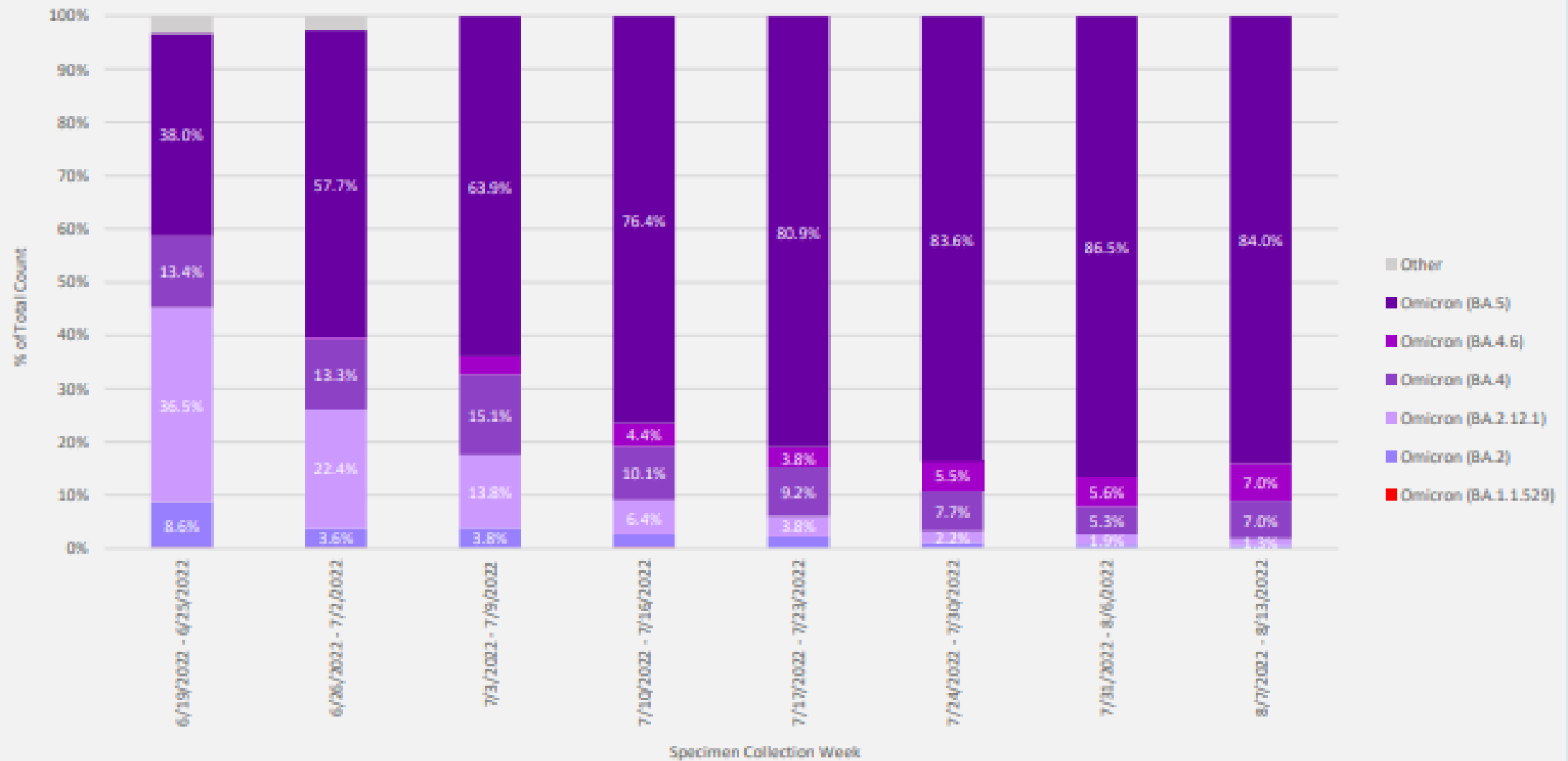
The COVID-19 community level is determined by the higher of the new hospital admissions and inpatient beds metrics, based on the current level of new cases per 100,000 population in the past 7 days. COVID-19 community levels are classified as low, medium, or high as follows:

COVID-19 Community Levels				
New COVID-19 Cases Per 100,000 in the past 7 days	Hospitalization Indicators	Low	Medium	High
Fewer than 200	New COVID-19 admissions per 100,000 population (7-day total)	<10.0	10.0-19.9	≥20.0
	Percent of staffed inpatient beds occupied by COVID-19 patients (7-day average)	<10.0%	10.0-14.9%	≥15.0%
200 or more	New COVID-19 admissions per 100,000 population (7-day total)	NA	<10.0	≥10.0

The following table includes recommendations for protecting yourself, your family, and communities. Additional information can be found at: [https://www.cdc.gov/coronavirus/2019-ncov/science/community-levels.html#anchor\\_47145](https://www.cdc.gov/coronavirus/2019-ncov/science/community-levels.html#anchor_47145).

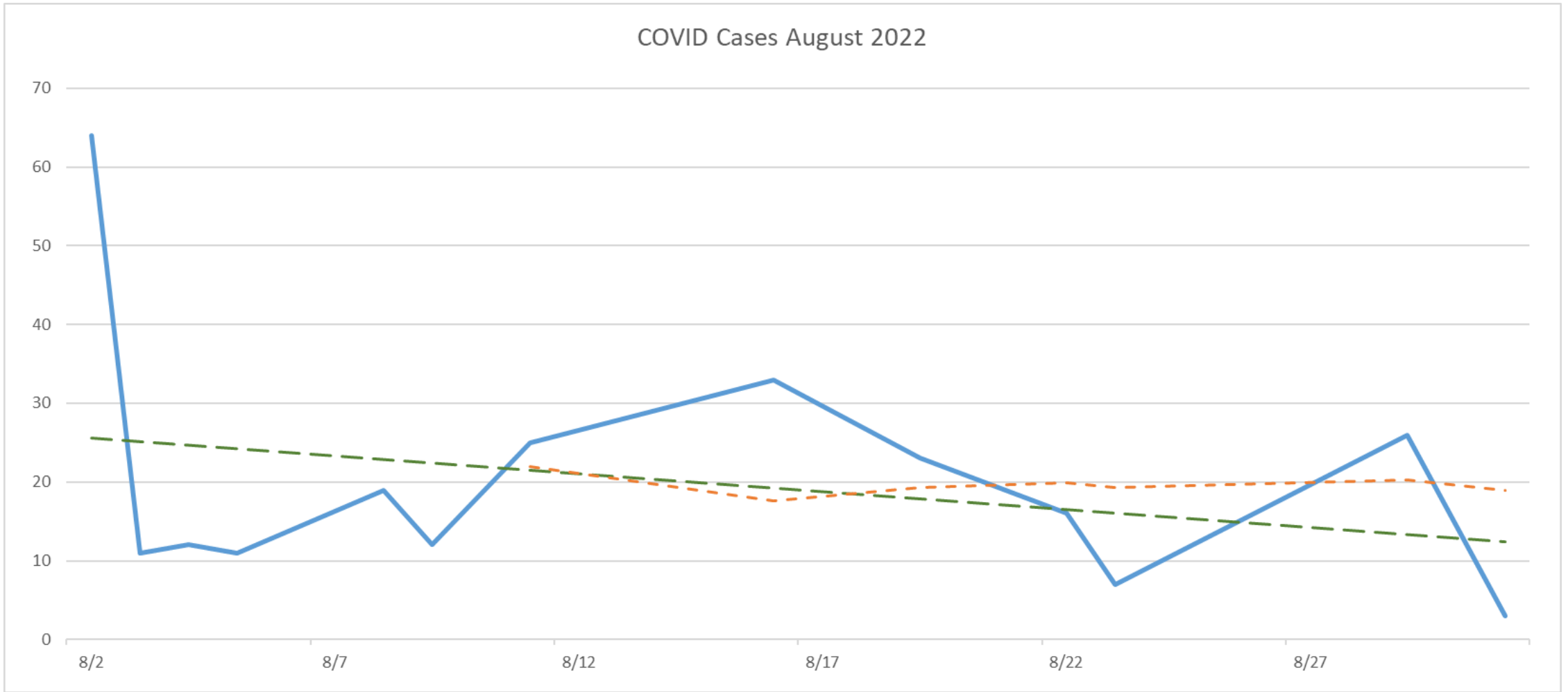
COVID-19 Community Level	Protect yourself and your family	Protect your communities, schools, and workplaces
Low	<ul style="list-style-type: none"> <li>Stay <a href="#">up to date</a> with COVID-19 vaccines and boosters.</li> <li>Stay home if you are sick.</li> <li>Follow <a href="#">isolation &amp; quarantine recommendations</a> and wear a mask through day 10.</li> <li>Get tested if exposed to someone with COVID-19, if you develop COVID-19 <a href="#">symptoms</a>, and before/after travel.</li> <li>Keep at-home tests on hand. Order them for free <a href="#">here</a>.</li> <li>Look for ways to <a href="#">improve airflow when home</a> or indoors.</li> <li><a href="#">Wash your hands</a> frequently.</li> <li><a href="#">Clean and disinfect</a> your home.</li> <li>If you are at high risk for severe disease, have a plan for rapid testing and talk to your healthcare provider about whether you are a candidate for treatments.</li> </ul>	<ul style="list-style-type: none"> <li>Promote equitable access to COVID-19 <a href="#">vaccines</a>, <a href="#">testing</a>, treatment, <a href="#">masks</a>, outreach, and support services, particularly for those at high risk of severe illness and vulnerable populations. Contact your <a href="#">local health department</a> for information.</li> <li>Ensure <a href="#">isolation &amp; quarantine recommendations</a> are followed.</li> <li>Maintain good indoor <a href="#">ventilation</a> and airflow.</li> <li>Teach and reinforce importance of proper <a href="#">hand hygiene</a> and respiratory etiquette.</li> <li>Ensure routine <a href="#">cleaning and disinfecting</a> of buildings and facilities.</li> <li>Maintain screening testing infrastructure to allow for easier scale up when community levels are medium or high.</li> </ul>
Medium	<p>Follow recommendations for 'Low' above <a href="#">and</a>:</p> <ul style="list-style-type: none"> <li>If you are at high risk for severe disease, talk to your healthcare provider about whether you should wear a <a href="#">mask</a> and take other precautions, such as testing.</li> <li>If you spend time with someone at high risk for severe disease, consider self-testing before you see them and wearing a mask when indoors with them.</li> </ul>	<p>Follow recommendations for 'Low' above <a href="#">and</a>:</p> <ul style="list-style-type: none"> <li>Implement screening testing or other testing strategies for people exposed to COVID-19.</li> <li>Implement enhanced prevention measures in high-risk congregate settings to identify cases early and prevent transmission during movement. Refer to <a href="#">CDC guidance for correctional facilities</a>.</li> <li>Encourage physical distancing.</li> </ul>
High	<p>Follow recommendations for 'Low' and 'Medium' above <a href="#">and</a>:</p> <ul style="list-style-type: none"> <li>Wear a <a href="#">mask</a> indoors regardless of vaccination status, particularly when in crowded areas with poor ventilation.</li> <li>If you are at high risk for severe disease, wear a <a href="#">mask</a> or respirator that provides greater protection such as a N95 or KN95 and avoid indoor activities where you could be exposed.</li> </ul>	<p>Follow recommendations for 'Low' and 'Medium' above <a href="#">and</a>:</p> <ul style="list-style-type: none"> <li>Implement universal indoor <a href="#">masking</a> policies.</li> <li>High-risk congregate settings, like shelters, should implement facility-wide, weekly screening testing.</li> <li>Maximize physical distancing.</li> <li>Implement cohorting in daycares, schools, among farm workers and in congregate settings.</li> </ul>

## COVID-19 Variant Surveillance by Week of Specimen Collection - Previous 8 Week Summary





COVID Cases August 2022



# Bivalent COVID Omicron Booster Now Available at Essex County 12 years and older

## Bivalent Booster Authorized

- On August 31, 2022:
  - Moderna COVID-19 Vaccine, Bivalent authorized for use in people ages 18 years and older.
  - Pfizer-BioNTech COVID-19 Vaccine, Bivalent authorized for use in people ages 12 years and older
- Authorized as single booster dose administered at least 2 months after either:
  - Completion of primary vaccination with any authorized or approved monovalent COVID-19 vaccine, or
  - Receipt of the most recent booster dose with any authorized or approved monovalent COVID-19 vaccine

## Previous Monovalent Booster Recommendations

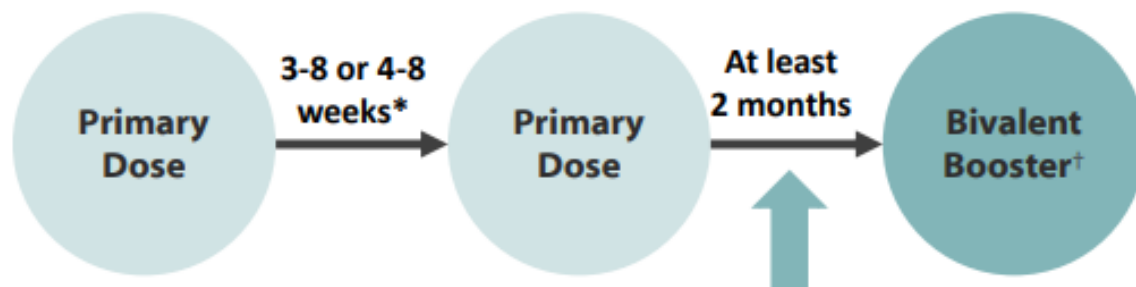
- The bivalent booster recommendation **replaces** previous booster recommendations for people ages 12 years and older.
- This means that everyone ages 5 years and older who are eligible for a booster dose will now only be eligible for ONE booster dose.
  - People ages 5 through 11 years (who received Pfizer-BioNTech primary series): 1 monovalent booster dose
  - People ages 12 years and older: 1 bivalent booster dose



# COVID-19 Vaccination Schedule for People who are **NOT** Moderately or Severely Immunocompromised

## People ages 12 years and older

*Moderna,  
Novavax, or  
Pfizer-BioNTech  
Primary Series*



Regardless of previous monovalent booster doses given

## People ages 18 years and older

*Janssen Primary  
Series Dose*



Regardless of previous monovalent booster doses given

\*3-8 interval for Novavax and Pfizer-BioNTech; 4-8 interval for Moderna

†The bivalent booster dose is administered at least 2 months after completion of the primary series.

For people who previously received a monovalent booster dose(s), the bivalent booster dose is administered at least 2 months after the last monovalent booster dose. The bivalent booster should be age appropriate; Pfizer-BioNTech is authorized for people ages 12 years and older and Moderna is authorized for people ages 18 years and older.

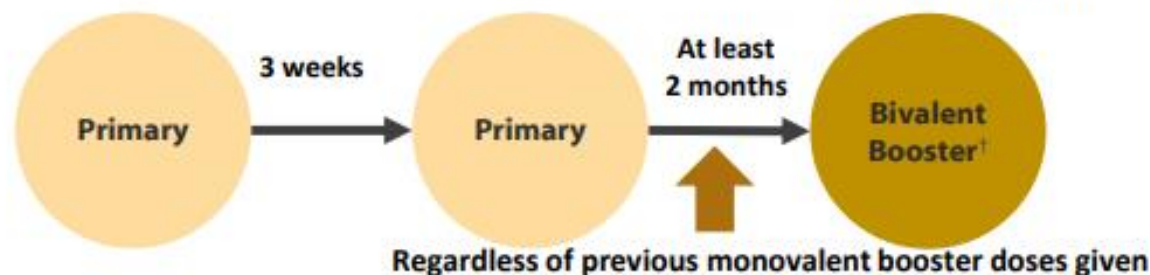
# COVID-19 Vaccination Schedule for People who ARE Moderately or Severely Immunocompromised

## People ages 12 years and older

*Moderna or  
Pfizer-BioNTech  
Primary Series*

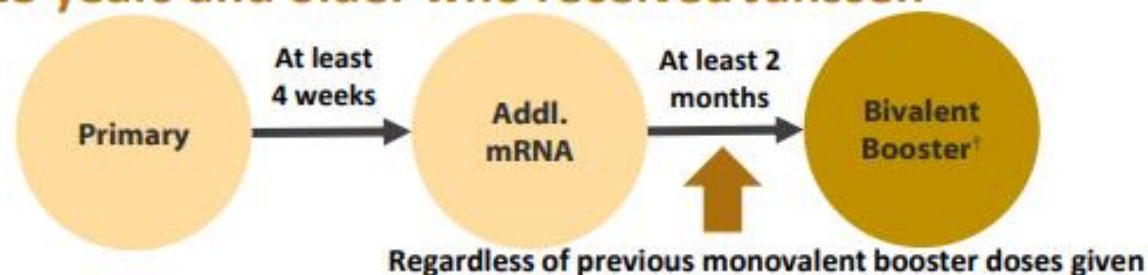


*Novavax  
Primary Series*



## People ages 18 years and older who received Janssen

*Janssen  
Primary Series  
Dose*



\*3-8 interval for Novavax and Pfizer-BioNTech; 4-8 interval for Moderna

<sup>†</sup> The bivalent booster dose is administered at least 2 months after completion of the primary series. For people who previously received a monovalent booster dose(s), the bivalent booster dose is administered at least 2 months after the last monovalent booster dose. The bivalent booster should be age appropriate; Pfizer-BioNTech is authorized for people ages 12 years and older and Moderna is authorized for people ages 18 years and older.





"We encourage residents to help stop the spread of COVID-19 by getting vaccinated. Our comprehensive plan provides vaccinations centers that are convenient to all Essex County residents. Vaccines are safe and effective, and we encourage everyone to get vaccinated."  
Joseph N. DiVincenzo, Jr.



**Joseph N. DiVincenzo, Jr., Essex County Executive  
And the Board of County Commissioners**

## Essex County COVID-19 Vaccination & Testing Locations

**New  
Hours!**

**New  
Location**



**Kmart is  
Closed**

**Sears Building, 112 Eisenhower Parkway, Livingston Mall  
Thursdays & Fridays from 2 to 7 p.m. & Saturdays from 8 a.m. to 2 p.m.**

**Tuesdays from 3 to 7 p.m.**

**Essex County Hall of Records, 465 Dr. Martin Luther King, Jr. Blvd., Newark**

**Wednesdays from 3 to 7 p.m.**

**Orange City Hall, 29 North Day Street, Orange**

**Thursdays from 3 to 7 p.m.**

**Irvington Town Hall, 1 Civic Square, Irvington**

**Fridays from 3 to 7 p.m.**

**East Orange City Hall, 44 City Hall Plaza, East Orange**

**Moderna, Pfizer and J&J vaccines are available.  
Everyone ages 5 and older are eligible to receive a COVID-19 vaccine.**

Appointments for vaccinations are not required. However, if you would like to make an appointment, visit [EssexCOVID.org](https://EssexCOVID.org) or call 973-877-8456. Appointments for testing are not required.

There are no out-of-pocket costs to receive vaccines. Residents will be asked to provide their medical insurance information so Essex County bill the insurance company \$40 for each dose of the vaccine. If you do not have insurance, the cost of the vaccine will be covered by the Health Resources and Services Administration's Provider Relief Funds.

**Putting Essex County's Health First**



"We encourage residents to help stop the spread of COVID-19 by getting vaccinated. Our comprehensive plan provides vaccinations centers that are convenient to all Essex County residents. Vaccines are safe and effective, and we encourage everyone to get vaccinated."  
Joseph N. DiVincenzo, Jr.



**Joseph N. DiVincenzo, Jr., Essex County Executive  
And the Board of County Commissioners**

## Essex County COVID-19 Vaccinations for Children Ages 6 months to 5 years



**Moderna and Pfizer vaccines for children ages 6 months to 5 years are available beginning Thursday, June 23<sup>rd</sup>.**

**Appointments are Required.**

**Sears Building, 112 Eisenhower Parkway, Livingston Mall  
Thursdays & Fridays from 2 to 7 p.m.  
& Saturdays from 8 a.m. to 2 p.m.  
(Closed Saturday, July 2<sup>nd</sup>)**

Appointments for vaccinations are required. To make an appointment, visit [EssexCOVID.org](https://EssexCOVID.org) or call 973-877-8456.

There are no out-of-pocket costs to receive vaccines. Residents will be asked to provide their medical insurance information so Essex County bill the insurance company \$40 for each dose of the vaccine. If you do not have insurance, the cost of the vaccine will be covered by the Health Resources and Services Administration's Provider Relief Funds.

**Putting Essex County's Health First**

# Monkeypox

<https://www.nj.gov/health/cd/topics/monkeypox.shtml>

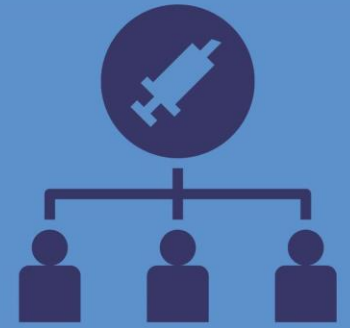
## Monkeypox Vaccine Locations:

- Bergen
- Camden
- Jersey City
- Newark
- Asbury Park
- Totowa
- University Hospital
- Dover

As of 9/2/22, 568 cases, statewide

August 15, 2022

## Monkeypox Vaccination in New Jersey



### Who can get vaccinated?

The vaccine for monkeypox is called JYNNEOS. With the current limited supply of JYNNEOS vaccine in New Jersey, **the following residents may be eligible for vaccination\***:

- People who have known contact with someone who tested positive for orthopoxvirus or monkeypox virus within past 14 days  
(Contact your [local health department](#) to coordinate vaccination)
- People who attended an event where known monkeypox exposure occurred within past 14 days  
(Make an appointment at a vaccine location) →
- People who had multiple sex partners in the past 14 days in areas where monkeypox has been reported  
(Make an appointment at a vaccine location) →

Anyone who attests to their eligibility (having multiple sex partners or attending an event where monkeypox exposure took place) is eligible for vaccination.

Current vaccination efforts focus on disproportionately affected groups, including gay and bisexual men, and other men who have sex with men. This may change over time.

**\*New Jersey is expecting additional doses from the Centers for Disease Control and Prevention (CDC) and as the State gets additional supply the Department will continue to expand access to the vaccine.**

### HIGH PRIORITY GROUPS

**Residents who are eligible for vaccination and who also have a condition that may increase their risk for severe disease should be considered high priority for vaccination, including people who:**

- Have a weakened immune system
- Have a history of atopic dermatitis or eczema

### VACCINE LOCATIONS

**Appointment only – No walk ins:**

- **Bergen New Bridge Medical Center**, Paramus: [www.newbridgehealth.org](http://www.newbridgehealth.org)
- **Cooper University Hospital**, Camden: 856-968-7100 or <https://my.cooperhealth.org/mychart/authentication/login>
- **Eric B. Chandler Health Center**, New Brunswick: 732-235-6733
- **Hyacinth AIDS Foundation/Project Living Out Loud!**, Jersey City: 201-706-3480
- **North Hudson Community Action Corp.**, HCCC Union City and HCCC Jersey City: <https://nhcac.org/northhudsonmonkeypox>
- **North Jersey Community Research Initiative (NJCRI)**, Newark: 973-483-3444, ext. 200
- **Passaic County Health Department**, Totowa: 973-881-4396
- **Prevention Resource Network**, a program of the Visiting Nurse Association of Central Jersey, Asbury Park: [www.prnvncj.org](http://www.prnvncj.org)
- **University Hospital**, Newark: 973-972-8906
- **Zufall Health Center**, Dover: 973-891-3419



## Polio Vaccination Recommendations:

### Children:

CDC recommends that children get four doses of polio vaccine, one dose at each of the following ages:

- 2 months old
- 4 months old
- 6 through 18 months old
- 4 through 6 years old

### Adults (especially those who are traveling to areas with increased risk of polio):

- **Unvaccinated or unknown vaccination status:** should receive a series of three doses:
  - Two doses separated by 1 to 2 months, and
  - A third dose 6 to 12 months after the second dose.
    - If an adult cannot complete the above series before departure, an accelerated schedule (three doses of IPV administered at least 4 weeks apart) is recommended.
- **Incompletely vaccinated** (completed one or two doses of polio vaccine in the past): should complete the 3-dose series of IPV (doses administered at least 4 weeks apart)
- **Fully vaccinated** (completed 3-dose series of IPV as children): should receive a one-time booster dose of IPV if traveling to areas with increased risk of polio



# COMMUNITY HEALTH OUTREACH

# Summer Meals Feedback



“I hope this program returns next year!”

“I have been coming to this program for years. This program really helps my family during the summer. Thank you so much!”

“I really appreciate this program. My family went through a lot. We’ve been struggled financially and because of inflation it’s been a struggle to get enough food.”

“We hope this program continues in Maplewood.”

“I really appreciate this program. It was a huge help and blessing this summer. The children enjoyed the meals and looked forward to it all summer.”

“This program is so wonderful.”

“We relied on this program”.

# Maplewood Local Health Assessment

190 responses

## KEY TAKEAWAYS

- Overall our residents are happy with the town they live in, the makeup of the community, and the resources available to them.
- Mental Health is a major concern.
- Safety is also a major concern – pedestrian, bicyclist, and overall.
- We can do more to publicize Township offerings, including multilingual communications and emergency resources.
- Town infrastructure needs improvement. (Roads, sidewalks, rec facilities, abandoned buildings, etc.)

## ADDITIONAL COMMENTS

Concerns about:

- Broken sidewalks
- Pedestrian safety and aggressive drivers
- Crime/need for more police presence
- Need for bike lanes
- Access and support for disabled and elderly
- Affordable housing
- Township communications and responsiveness
- Ability to withstand weather-related emergencies
- Deer

# Essex County 2045 Transportation Plan

## One hour, virtual Focus Groups:

- **Community Development & Public Health** on Tuesday, September 13, 2022 at 10:00AM
- **Freight Movement** on Tuesday, September 13, 2022 at 1:30PM
- **Economic Development** on Wednesday, September 14, 2022 at 1:30PM
- **Transit & Commuting** on Wednesday, September 14, 2022 at 4:00PM
- **Bicycle & Pedestrian Safety** on Thursday, September 15, 2022 at 4:00PM

Please use this [REGISTRATION LINK](https://docs.google.com/forms/d/e/1FAIpQLSfhAAW0D0q6iWukgjQGBjNNk-4JCylyHdIEXQMzskskDPfTPw/viewform):

<https://docs.google.com/forms/d/e/1FAIpQLSfhAAW0D0q6iWukgjQGBjNNk-4JCylyHdIEXQMzskskDPfTPw/viewform>



THE MAPLEWOOD & SOUTH ORANGE  
HEALTH DEPARTMENTS PRESENTS:



# HEALTH & WELLNESS FAIRS

**SATURDAY SEPTEMBER 10, 2022**

**10AM - 2PM • THE FIRE HOUSE, 56 SLOAN ST, SOUTH ORANGE**

**For Children**

- Childhood Capillary Lead Test
- Child ID Kits
- Face Painting

**For Adults**

- WIC
- Spinal Screenings
- Lung Capacity Test
- Injury Prevention
- Poison Education
- Hepatitis B/C Blood Draws
- Stroke Assessment
- Eye Screenings
- Stop the Bleed

**12PM - 3PM • MAPLECREST PARK, 237 OAKLAND RD, MAPLEWOOD**

**Education**

- Flu Information
- SNAP Resources
- Senior Programs
- Health Insurance

**Free Screenings**

- Blood pressure
- Diabetes
- Glucose
- Rutgers STI Clinic
- Breast Cancer Screenings

**Fitness Sessions**

- The Core Place **12-12:30**
- Massages by Hands on Massage **12-3**
- Dog and Bunny Therapy **12-3**
- YMCA Children Activities and GAGA Pit **12-3**
- CKO Kickboxing **1-1:30**
- Jin Shin Jyutsu (combination with Breathwork and Self-Care guidance) **2-2:30**
- Kundalini Yoga & Meditation Class **2:30-3**

Music by DJ Jimmy

Food by: Urban Cone Ice Cream Truck • Vegan Soul • Roman Gourmet

**PARTICIPATING PARTNERS:**





## BRAVEN HEALTH HEALTH SCREENINGS



**HAVE YOU POSTPONED MEDICAL VISITS  
DUE TO COVID-19?  
IT'S TIME TO GET SCREENED!**

### **DATES**

**Mondays from 2:00 pm to 3:30 pm**

June 27

July 18

August 29

September 26

### **LOCATION**

**Maplewood Senior Center**

106 Burnett Avenue

Maplewood, NJ 07040

**A COMMUNITY HEALTH NURSE WILL PROVIDE  
FREE WELLNESS SCREENINGS INCLUDING:**

Blood pressure • Blood sugar • Cholesterol

**OPEN TO ALL RESIDENTS 18 AND UP; NO ADVANCED REGISTRATION NEEDED.**

**For additional information please contact:**

Anna Markarova

Public Health Nurse, Maplewood Health Department

[amarkarova@twp.maplewood.nj.us](mailto:amarkarova@twp.maplewood.nj.us)

973-762-8120, x4300



# MAPLEWOOD TOWNSHIP DRIVE THRU FLU SHOT CLINIC



SATURDAY OCTOBER 15, 2022 | 9AM TO 1PM  
MAPLEWOOD TOWN HALL | 574 VALLEY STREET  
REAR PARKING LOT | ENTRANCE OFF PARK ROAD

*Walk ups are welcome*

\$20 flu shots for Maplewood residents 18+ (*Exact cash or check*)  
Free flu shots for residents age 65+ (*NOTE: This is not the senior vaccine*)

## THE FLU VACCINE:

- Prevents millions of illnesses and flu-related doctors visits each year.
- Is safe and effective.
- Is an important preventive tool for people with chronic health conditions.
- Has been shown to reduce severity of illness in people who are vaccinated but still get sick.
- Also protects the people around you.

