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*A Directory of New Jersey Senior Housing and Resources
Spring–Summer 2022*



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Letter from the Publisher

Dear Valued Readers,

Welcome to the 33rd edition of the Seniors Blue Book. With each passing edition the Seniors Blue Book continues to grow in size, accessibility, and information. I want to offer you my heart felt thanks for continuing to turn to and trust the Seniors Blue Book as your primary go to source for anything and everything that is related to seniors, caregivers and their well being.

It is our mission to provide you with all possible options and opportunities that are available in an easy to read format. The guide is broken down into three main sections; Community Resources and Services, Home Health Care & Non-Medical Home Care Agencies and Senior Housing. We include definitions of these services and indicate which companies offer these in the appropriate Home Health and Housing Grids.

We continue to offer the Solutions for Seniors resource help line at 973-560-0064 for those that need help navigating the information within our publication and website and to offer FREE assistance to those that wish to ask for our information assistance.

SeniorsBlueBook.com is our dynamic website that will not only offer all of the information listed in the Seniors Blue Book, but empower the viewer to find local events and activities and post their own events and activities. The community calendars will be interactive and I am expecting avid participation from both seniors and their providers. SeniorsBlueBook.com will also be offering senior professionals their own senior calendar for networking opportunities, promotion of their own events and job opportunities. The community calendars are only a smidgen of the new information that will be available on SeniorsBlueBook.com. Please log on and check it out for yourself. I promise that you will bookmark SeniorsBlueBook.com and come back again and again. Thank you for your continued support and give me a call or an e-mail if you have any suggestions or comments that will further enhance the Seniors Blue Book.

Sincerely,



Brian Eckert
Publisher

Bernadette de Isaza
Art Director

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of this Directory
are available FREE at most
of the gathering places for
seniors, many of which
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GETTING STARTED IS EASY

Our guide is divided into 3 distinct sections and divided by color tabs:

1. Community Resources and Services

This section is alphabetical. You will find hundreds of different services and organizations that work with seniors and their families. This includes everything from networking to professional services, such as Adult Day, Care Management, Elder Law, Social Security, Senior Centers, etc...

C		www.SeniorsBlueBook.com	
		COUNSELING	
Community Resources and Services	Bereavement Counseling at St Barnabas Hospice and Palliative Care Center		
	Counseling and Resource Ctr at Christ Hospital		903-322-4800
	East Orange General Hospital, 300 Central Ave., East Orange		201-795-8375
	- Crisis Intervention		971-266-4479
	- Critical Care		971-414-1872
	- Outpatient Behavioral Health		971-266-4479
	Food and Nutrition Counseling at Newark Beth Israel Medical Center		971-414-1872
	Jewish Family Service of Central NJ		971-926-7150
	655 Westfield Ave., Elizabeth		
	608 Shortwood Place, Mountainside		908-352-8375
	Jewish Family Service of MetroWest		908-352-8375
	256 Columbia Turnpike, Glen Rock, NJ		908-352-8375
	Nutrition Counseling at Clara Maass Medical Center		971-765-9050
	One Clara Maass Dr., Belleville		
	Nutrition Counseling at Columbus Hospital		971-450-2328
	4195 North 13th St., Newark		
	Pathways Care Solution, LLC		971-268-4868
	Aging Care Consultation and Care Mgmt Svcs		
	SAGE Eldercare (on page 63)		971-539-6688
	290 Broad St., Summit		
	St Michael's Medical Center, 111 Central Ave., Newark		908-598-5555
	- Alcohol Counseling		
	- Drug Counseling		800-211-5924, 971-877-2552
	The Cognitive & Research Center of New Jersey (on page 425)		800-211-5924, 971-877-2552
	195 Mountain Ave., Springfield		
	Trinitas Regional Medical Center		971-850-4622
	- Family Resource Center, 300 North Ave., Cranford		908-276-2244
COUNTY HEALTH DEPARTMENTS			
Essex City Dept of Health			
Hudson Regional Health Community		971-497-9401	
595 County Ave., Bldg 1, Secaucus			
Union City Dept of Environmental Health		201-223-1133	
300 N Ave C, Westfield			
		908-518-5620	

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2. Health at Home – Skilled and Non-Skilled Care Agencies

This section offers two different comparison spreadsheet/grids; one for Medical Assistance at home and one for Non-Medical and Personal Assistance at home. First familiarize yourself with the different services that are offered by each agency. You will find definitions about each service within each section. Many options exist; we hope this will help you find a provider to meet your specific needs.

Health at Home - Skilled Care Agencies											
PROVIDER	AD IN HOME	HOME	COMMUNITY	WALK-IN	STAY-AT-HOME	STAY-AT-HOME	STAY-AT-HOME	STAY-AT-HOME	STAY-AT-HOME	STAY-AT-HOME	STAY-AT-HOME
Accredited Health Services	62	877-200-0606	E,LU	P	*	*	*	*	*	*	*
Amazing Grace Home Health Care	54	908-206-9988	E,LU	P	*	*	*	*	*	*	*
Amazing Grace Home Health Care	54	201-792-3300	E,LU	P	*	*	*	*	*	*	*
Aquinas Healthcare	53	973-467-8502	E,LU	SPO	*	*	*	*	*	*	*
Ascend Home Health Care	53	888-666-1117	E,LU	SPO	*	*	*	*	*	*	*
Atlantic Home Care & Hospice	52	973-379-8472	E,LU	SPO	*	*	*	*	*	*	*
BrightStar Care	54	908-322-8200	U	SPO	*	*	*	*	*	*	*

Health at Home - Non-Skilled Care Agencies											
PROVIDER	AD IN HOME	HOME	COMMUNITY	WALK-IN	STAY-AT-HOME	STAY-AT-HOME	STAY-AT-HOME	STAY-AT-HOME	STAY-AT-HOME	STAY-AT-HOME	STAY-AT-HOME
Accredited Health Services	62	877-200-0606	E,LU	*	*	*	*	*	*	*	*
Amazing Grace Home Health Care	54	908-206-9988	E,LU	*	*	*	*	*	*	*	*
Amazing Grace Home Health Care	54	201-792-3300	E,LU	*	*	*	*	*	*	*	*
Aquinas Healthcare	53	973-467-8502	E,LU	*	*	*	*	*	*	*	*
Ascend Concierge Home Care	53	888-666-1117	E,LU	*	*	*	*	*	*	*	*
BrightStar Care	54	908-322-8200	U	*	*	*	*	*	*	*	*

1. Community Resources and Services – Red

2. Health at Home – Purple

3. Housing Options – Green

3. Housing

First you should familiarize yourself with the many options available and determine which one is best for your needs. You will find definitions on each type of housing within the housing section. Then turn to our easy to read comparison grids. The grids are divided into 4 categories, depending on the type of community: Independent Living, Assisted Living, Alzheimer's Assisted Living, and Skilled Nursing. The buildings are listed by county so you can zero in on the specific areas you are looking for.

The image shows two overlapping comparison grids from the Seniors Blue Book. The top grid is titled "Independent Living / Retirement Communities" and lists various communities such as Chelsea at Fairwood, Crow's Mill, and Winchester Gardens. The bottom grid is titled "Assisted Living Communities" and lists communities like Sunrise of Edgewater, Brighton Gardens of West Orange, and Brookdale West Orange. Both grids include columns for community name, address, phone, email, and a list of services offered.

You will also find many feature articles throughout the publication. These articles are written by local experts on a variety of topics that can aid you in making the right choices.

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ADULT DAY CARE REHABILITATION PROVIDER/PARTNER

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ADULT DAY SERVICES

Adult day programs are for elders who need a place to stay during daytime hours because they have difficulty functioning alone (i.e. dementia or physical limitations). The programs offer purpose and stimulation. Most facilities place participants into groups with specific limitations. For more information call our Seniors Resource Line at 973-560-0064.

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ESSEX COUNTY

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- Belleville Senior Svcs, 518 Washington Ave, Belleville 973 751-6000
- Birchwood Adult Day Care Center
115 Evergreen Pl, East Orange 973 676-2600
- Daughters of Israel Day Care
1155 Pleasant Valley Way, West Orange 973 400-3307
- Garden Adult Medical Day Care Center
717-727 Broadway, Newark 973 268-1212
- Good Life Adult Day Care, 515 N Arlington Ave, East Orange 973 674-5100
- Happy Days Adult Medical Day Health Care
 - Center I, 67 S Munn Ave, East Orange 973 678-0755
 - Center II, 1060 Broad St, Newark 973 643-3500
- Independence Place, 155 Fortieth St, Irvington 973 374-0405
- Life Adult Medical Day Care Center
290 Chestnut St, Newark 973 578-2815
- New Community Adult Medical Day Care
266 S Orange Av, Newark 973 624-2002
- North Ward Ctr, The, 288-298 Mt Prospect Ave, Newark 973 481-6145
- Premier Adult Day Care Ctr, 37 N Day St, Orange 973 395-9800
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AdultCare, 1607 Manhattan Ave, Union City 201 **864-5400**

Advanced Svcs Intl Day Care, 49-51 Morton Pl, Jersey City 201 **209-0001**

Bayonne Adult Medical Day Care Center

801-803 Broadway, Bayonne 201 **243-0035**

Casa Manito Adult Medical Daycare

324 55th St, West New York 201 **223-6800**

Happy Days Adult Medical Day Health Care

– Center III, 591 Montgomery St, Jersey City 201 **938-0300**

Lutheran Senior Life Adult Medical Day Care Center

377 Jersey Ave, Jersey City 877 **543-3188**

Mi Casa Es Su Casa II MGT LLC

Medical Adult Day Care Center

6120 Buchanan Pl, West NY 201 **537-2211**

Newport Adult Day Care, 198 Stevens Ave, Jersey City 201 **451-9000**

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6201 Grand Ave, North Bergen 201 **869-4443**

2nd Home Union City, 3610 Palisade Ave, Union City 201 **864-0400**

St Ann's Home for the Aged, 198 Old Bergen Rd, Jersey City 201 **433-0950**

Sunflower Medical Adult Day Care

300 Broadway, Bayonne 201 **243-0666**

UNION COUNTY

Adult Day Program at Muhlenberg Regional Medical Ctr

Park Ave & Randolph Rd, Plainfield 908 **668-2328**

Continued on next page >



ADULT DAY SERVICES *continued*

ARC of Union County, The , 215 E 1st Ave, Roselle	908 259-4992
Circle of Friends , 40 Stern Ave, Springfield	973 376-4004
Daybreak Adult Daycare at Elizabeth 712 Newark Ave, Elizabeth	908 353-3530
Engel Social Day Care Ctr for Seniors 505 South Av E, Cranford	908 497-3945
Five Star Adult Medical Day Care Ctr 1201 Deerfield Terr, Linden	908 486-5750
Health Guard Adult Day Health Care 545 E 1st Ave, Roselle	908 298-8588
Norwood Terrace Nursing & Rehab Ctr 40 Norwood Av, Plainfield	908 769-1400
SAGE Spend-A-Day Adult Day Health Center (<i>ad on page 9</i>) 290 Broad St, Summit	908 598-5555
Second Home Elizabeth , 420-432 N Broad St, Elizabeth	908 436-0018
Senior Spirit Medical Day Care 430 E Westfield Av, Roselle Park	908 241-9393
Town Square Adult Medical Day Care 1155 E Jersey St, Elizabeth	908 787-0980
Wise Adult Day Care , 2095B Berwyn St, Union	908 687-2995

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Continued on page 12 >

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**Alzheimer's Association – Greater New
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AGENCIES ON AGING

Eldercare Locator Nationwide 800 **677-1116**
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900 Bloomfield Ave, Verona 973 **395-8375**
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595 County Ave, Secaucus..... 201 **271-4320**
Newark Office on Aging, 94 William St, 1st Flr, Newark 973 **733-5330**
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Unicity Senior Advisors	
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ASSOCIATIONS FOR SPECIFIC ILLNESS

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American Diabetes Association – NJ Affiliate.....	888 342-2383
American Heart Association.....	973 376-3636
American Lung Association.....	908 687-9340
American Parkinson's Disease Association	732 745-7520
Arthritis Foundation – NJ Chapter.....	888 467-3112
Brain Injury Association of NJ.....	732 738-1002
COPSA Institute for Alzheimer's Disease	732 235-5840
Council on Compulsive Gambling of NJ.....	800 GAMBLER
Cystic Fibrosis Association.....	201 457-1800
Epilepsy Foundation	973 244-0850
GEMS (Geriatric Evaluations & Management Service) ...	732 745-6655
Huntington's Disease Society of America	973 379-3226
Lupus Erythematosus Foundation of NJ	908 791-7868
National Association for Mental Illness of NJ (NAMI)	732 940-0991
National Multiple Sclerosis Society	800 833-0087
National Stroke Association	800 STROKES
NJ Chronic Fatigue Syndrome Association (NJCFSA)	888 835-3677
Spina Bifida Association of the Tri-State Region	908 782-7475
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- Simple Cremation New Jersey** (*ad on page 11*)
 1100 Pine Ave, Union.....973 **457-4724**
- Union Funeral Home** (*ad on page 11*)
 1600 Stuyvesant Ave, Union.....908 **964-4222**

CARE MANAGEMENT

Care Management agencies provide assistance and guidance in coordinating long term care, in-home care, or other services based on needs assessment and an individualized care plan.

OUR PREFERRED CARE MANAGEMENT AGENCIES

- SAGE Eldercare – Guidance, Planning, and Support Services** (*ad on page 9*)
 290 Broad St, Summit.....862 **397-9707**
- Senior Choices of NJ and Ask-Carol Company**
(www.ask-carol.com-tammy)
(ad on page 15).....862 **397-9707**
- Unicity Senior Advisors**
(ad on page 61).....201 **670-7100**

CARE MANAGEMENT – NON-PROFIT

- Essex County Division of Senior Services**
 900 Bloomfield Ave, Verona.....973 **395-8375**
- Hudson County Office on Aging**, 595 County Ave, Secaucus.....201 **369-4313**
- Jewish Family Service of Central NJ**
 655 Westfield Ave, Elizabeth.....908 **352-8375**



CARE MANAGEMENT – NON-PROFIT continued

Jewish Family Service of MetroWest
256 Columbia Turnpike, Florham Park 973 765-9050

Lutheran Senior Life
377 Jersey Ave, S-301, Jersey City 877 543-3188

Union County Division on Aging
Elizabeth Plaza, Elizabeth..... 908 527-4870

CARE OPTIONS SPECIALIST

Oasis Senior Advisors..... 732 524-8864

Senior Choices of NJ and Ask-Carol Company
(www.ask-carol.com-tammy)
(ad on page 15) 862 397-9707

Unicity Senior Advisors
(ad on page 61) 201 670-7100

CHRONIC ILLNESS MANAGEMENT

Oasis Senior Advisors..... 732 524-8864

Unicity Senior Advisors
(ad on page 61) 201 670-7100

CLINICAL TRIALS FOR ALZHEIMER’S – DEMENTIA

Alzheimer’s Association – Greater New
New Jersey Chapter (ad on page 13) 800 272-3900

CONSUMER AFFAIRS – LEGAL

Better Business Bureau - Main Office 609 588-0808

Community Health Law Project 908 355-8282

Elder Fraud Hotline 877 746-7850

Essex County Division of Senior Services..... 973 395-8375

Friend Advocate Program..... 973 765-9050 x275

Hudson County Office on Aging..... 201 369-4313

Legal Services Corp, Union County 908 354-4340

Legal Services of New Jersey/Health Care Access 888 576-5529

Morris County Medical Society/Medical Grievance..... 973 539-8888

NJ Bd of Public Utilities/Energy Improv. Loan 973 648-7279

NJ Dept of Consumer Affrs/Charities Investigate 973 504-6200

Continued on next page ➤



CONSUMER AFFAIRS – LEGAL

continued

NJ Board of Public Utilities	800 624-0241
NJ Department of Consumer Affairs	800 242-5846
NJ Department of Banking and Insurance	609 292-5316
Northeast NJ Legal Services (Hudson County Only)	201 792-6363
Union County Division on Aging	908 527-4870
U.S Food and Drug Administration Information	888 463-6332
Woman's Rights Information Center	201 568-1166

COUNSELING & MENTAL HEALTH

Bereavement Counseling at St. Barnabas

Hospice and Palliative Care Center 973 322-4800

Buttonwood Behavioral Health Hospital (*ad on IFC*)

600 Pemberton Brown Mills Rd, Pemberton.....609 **836-6100**

Counseling and Resource Ctr at Christ Hospital

176 Palisade Ave, Jersey City.....201 **795-8375**

East Orange General Hospital, 300 Central Ave, East Orange

– **Crisis Intervention**..... 973 **266-4479**

– **Critical Care**..... 973 **266-4479**

– **Outpatient Behavioral Health**..... 973 **414-1822**

Food and Nutrition Counseling at Newark Beth Israel

Medical Center, 201 Lyons Ave, Newark 973 **926-7150**

Jewish Family Service of Central NJ

655 Westfield Ave, Elizabeth..... 908 **352-8375**

608 Sherwood Pkwy, Mountainside..... 908 **352-8375**

Jewish Family Service of MetroWest

256 Columbia Turnpike, Florham Park 973 **765-9050**

Northbrook Behavioral Health Hospital (*ad on IFC*)

425 Woodbury-Turnersville Rd, Blackwood856 **374-6500**

Nutrition Counseling at Clara Maass Medical Center

One Clara Maass Dr, Belleville..... 973 **450-2328**

Nutrition Counseling at Columbus Hospital

495 North 13th St, Newark..... 973 **268-4868**

SAGE Eldercare (*ad on page 9*)

290 Broad St, Summit.....908 **598-5555**

St Michael's Medical Center, 111 Central Ave, Newark

– **Alcohol Counseling**.....800 **211-5924**, 973 **877-2552**

– **Drug Counseling**.....800 **211-5924**, 973 **877-2552**

COUNSELING & MENTAL HEALTH

continued

Trinitas Regional Medical Center	
– Family Resource Center, 300 North Av E, Cranford.....	908 276-2244
Unicity Senior Advisors	
(ad on page 61)	201 670-7100

COUNTY HEALTH DEPARTMENTS

Essex County Dept of Health	973 497-9401
Hudson Reg'l Health Comm , 595 County Av, Bldg 1, Secaucus.....	201 223-1133
Union County Div of Environmental Health	
300 N Ave E, Westfield.....	908 518-5620

CREMATION PLANNING

Wm. A. Bradley & Son Funeral Home (ad on page 11)	
345 Main St, Chatham.....	973 457-4724
Bradley-Braviak Funeral Home (ad on page 11)	
49 Whippany Rd, Whippany	973 457-4724
Bradley, Haerberle & Barth Funeral Home (ad on page 11)	
1100 Pine Ave, Union	973 457-4724
Bradley, Smith & Smith Funeral Home (ad on page 11)	
415 Morris Ave, Springfield.....	973 457-4724
Bradley, Brough & Dangler Funeral Home (ad on page 11)	
299 Morris Ave, Summit	973 457-4724
Levandoski-Grillo Funeral Home (ad on page 11)	
44 Bay Ave, Bloomfield	973 743-6969
Simple Cremation New Jersey (ad on page 11)	
1100 Pine Ave, Union	973 457-4724
Union Funeral Home (ad on page 11)	
1600 Stuyvesant Ave, Union	908 964-4222

CREMATIONS

Wm. A. Bradley & Son Funeral Home (ad on page 11)	
345 Main St, Chatham.....	973 457-4724
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1100 Pine Ave, Union	973 457-4724

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CREMATIONS *continued*

Bradley, Smith & Smith Funeral Home *(ad on page 11)*

415 Morris Ave, Springfield.....973 **457-4724**

Bradley, Brough & Dangler Funeral Home *(ad on page 11)*

299 Morris Ave, Summit973 **457-4724**

Levandoski-Grillo Funeral Home *(ad on page 11)*

44 Bay Ave, Bloomfield973 **743-6969**

Simple Cremation New Jersey *(ad on page 11)*

1100 Pine Ave, Union973 **457-4724**

Union Funeral Home *(ad on page 11)*

1600 Stuyvesant Ave, Union908 **964-4222**

CULTURAL FUNERALS

Levandoski-Grillo Funeral Home *(ad on page 11)*

44 Bay Ave, Bloomfield973 **743-6969**

Union Funeral Home *(ad on page 11)*

1600 Stuyvesant Ave, Union908 **964-4222**

DENTAL RESOURCES

Dental Health Center at Newark Beth Israel

Medical Center, 201 Lyons Ave, Newark973 **926-7338**

Senior Den NJ Senior Hotline800 **792-8820**

DIALYSIS SERVICES

Dialysis Services of the St Barnabas Health Care System

1050 Galloping Hill Rd, Union908 **206-2275**

Linden Dialysis Facility – Trinitas Regional Medical

10 Northwood Ave, Ste G, Linden908 **862-7400**

Renal Dialysis at Trinitas Regional Medical Center

225 Williamson St, Elizabeth908 **994-5802**

Trinitas Hospital Elizabeth Dialysis Center

629 Livingston St, Elizabeth908 **994-7011**

DISCOUNTED CREMATION & FUNERAL PACKAGES

Wm. A. Bradley & Son Funeral Home *(ad on page 11)*

345 Main St, Chatham.....973 **457-4724**



DISCOUNTED CREMATION & FUNERAL PACKAGES *continued*

Bradley-Braviak Funeral Home <i>(ad on page 11)</i>	
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1100 Pine Ave, Union	973 457-4724
Bradley, Smith & Smith Funeral Home <i>(ad on page 11)</i>	
415 Morris Ave, Springfield.....	973 457-4724
Bradley, Brough & Dangler Funeral Home <i>(ad on page 11)</i>	
299 Morris Ave, Summit	973 457-4724
Levandoski-Grillo Funeral Home <i>(ad on page 11)</i>	
44 Bay Ave, Bloomfield	973 743-6969
Simple Cremation New Jersey <i>(ad on page 11)</i>	
1100 Pine Ave, Union	973 457-4724
Union Funeral Home <i>(ad on page 11)</i>	
1600 Stuyvesant Ave, Union	908 964-4222

DOWNSIZING OPTIONS FOR SENIORS (SENIORS ON THE MOVE)

Blue Moon Estate Sales <i>(ad on page 31)</i>	
(www.bluemoonestatesales.com)	908 494-0961
Tonya Keyes, Broker of Record	
K&W Red Door Realty <i>(ad on page 41)</i>	732 900-0957

ELDER ABUSE PREVENTION

Adult Protection Information	800 773-1366
Domestic Violence Hotline	800 572-7233
Essex County Division on Aging	973 395-8375
Hudson County Office on Aging	201 369-4313
National Center on Elder Abuse	800 677-1116
National Domestic Violence Hotline	800 799-7233
NJ Coalition for the Protection of Vulnerable Adults (NJCPVA)	908 526-8800
Office of the Ombudsman <i>(Long Term Care)</i>	609 943-4026
Union Co. Division on Aging	908 527-4870
Woman’s Rights Information Center	201 568-1166



ELDERCARE FINANCIAL PLANNING

Callahan Financial Services Group, LLC

(ad on page 37)973 325-7500

EMERGENCY DEPARTMENTS

ESSEX COUNTY

Clara Maass Medical Center

1 Clara Maass Dr, Belleville..... 973 450-2100

East Orange Gen Hospital, 300 Central Ave, E Orange 973 266-8460

Mountainside Hospital, 1 Bay Ave, Montclair 973 429-6200

Newark Beth Israel Med Ctr, 201 Lyons Ave, Newark 973 926-7240

St Michael’s Medical Center, 111 Central Ave, Newark 973 877-5500

The University Hospital, 150 Bergen St, Newark..... 973 972-5123

HUDSON COUNTY

Bayonne Medical Center, 29th St at Ave E, Bayonne..... 201 858-5257

St Mary’s Hospital, 308 Willow Ave, Hoboken 201 418-1900

UNION COUNTY

Overlook Hospital, 99 Beauvoir Ave, Summit..... 908 522-2232

Trinitas Regional Medical Ctr, 225 Williamson St, Elizabeth 908 994-5422

EMERGENCY RESPONSE SYSTEMS

A Personal Emergency Response System (PERS) is an electronic device designed to let you summon help in an emergency. A PERS has three components: a small radio transmitter (a help button carried or worn by the user); a console connected to the user’s telephone; and an emergency response center that monitors calls. When emergency help (medical, fire, or police) is needed, the PERS user presses the transmitter’s help button. It sends a radio signal to the console. The console automatically dials an emergency response center where the caller is identified. The center will try to determine the nature of the emergency. If the center cannot contact you or determine whether an emergency exists, it will alert emergency service providers to go to your home.

ADT Companion Services through

ComForcare Home Care (ad on page 60)

– Union County908 408-5220

– Essex County973 244-9400

EMERGENCY RESPONSE SYSTEMS

continued

Alzheimer's Association – Greater New

New Jersey Chapter (ad on page 13)800 **272-3900**

Lifeline at Clara Maass Medical Center 888 **240-8977**

SAGE Eldercare – Community Advocate, Outreach

Information and Assistance (ad on page 9)

290 Broad St, Summit908 **598-5555**

Unicity Senior Advisors (ad on page 61)201 **670-7100**

EMPLOYMENT & VOLUNTEER OPPORTUNITIES

Alzheimer's Association – Greater New

New Jersey Chapter (ad on page 13)800 **272-3900**

Ascend Hospice Volunteer Program 866 **821-1212**

Employment Opportunities at:

– East Orange General Hospital 973 **395-4111**

– Trinitas Regional Medical Center 908 **994-5325**

Employment Services at St. Mary's Hospital 201 **418-2330**

Experience Works 201 **336-7422**

Jewish Family Service of Central NJ – RSVP (Retired & Seniors

Volunteer Program) Serving Union County Money Management

655 Westfield Ave, Elizabeth 908 **352-8375**

Jewish Family Service of MetroWest NJ

Retired & Senior Volunteer Program

256 Columbia Turnpike, Florham Park 973 **765-9050**

Jewish Family Service of MetroWest NJ

Friend Advocate

256 Columbia Turnpike, Florham Park 973 **765-9050**

Literacy Volunteers of America 908 **725-5430**

National Senior Services Corps 800 **424-8867**

RSVP (Retired Seniors Volunteer Program) Ctr of Essex

& Hudson Counties, 256 Columbia Turnpike, Florham Park 973 **637-1766**

SAGE Eldercare (ad on page 9)

290 Broad St, Summit908 **598-5555**

Saint Barnabas Hospice & Palliative Care Center 973 **322-4800**

University Hospital 973 **972-4063**

VISTA (Volunteers in Service to America) 609 **989-2243**

Continued on next page >



EMPLOYMENT & VOLUNTEER OPPORTUNITIES *continued*

Volunteer Services at:

- Bayonne Medical Center	201 858-7391
- Clara Maass Medical Center	973 450-2150
- Clara Maass Medical Center W. Hudson Div.	201 955-7621
- Columbus Hospital	973 268-1445
- East Orange General Hospital	973 266-4454
- Mountainside Hospital	973 429-6012
- Newark Beth Israel Medical Center	973 926-7194
- Overlook Hospital	908 522-3197
- RUNNELLS Specialized Hosp of Union Co	908 771-5700
- Saint Barnabas Medical Center	973 322-5592
- Saint James Hospital	973 589-2876
- Trinitas Regional Medical Center	908 994-5164
- Woman's Rights Information Center	201 568-1166

ENERGY RESOURCES

Emergency Assistance Offices of Temp Assistance	973 326-7800
Home Energy Assistance Program (HEAP)	201 968-0200
Home Energy Assistance Program (NORWESCAP)	908 704-6348
Home Energy Savings Program	973 648-2891
Lifeline Utility Assistance Program	800 792-9745
NJ Bd of Public Utils/Bus. Energy Improv. Loans	973 648-7279
NJ Energy Choice Hotline (Weatherization)	888 454-4778
NJ Shares Energy Assistance	973 539-2121
Oil Group (NJCAOG)	800 464-8465
PSE&G E-Team Partners	888 773-8326

ESTATE SALES

Blue Moon Estate Sales (*ad on page 31*)

(www.blumoonestatesales.com) 908 **494-0961**

Our readers rely on the Seniors Blue Book for all things senior related. Call 973.560.0064 to advertise in our next issue.

FALL PREVENTION SPECIALIST

Back Home Safely

(ad on page 39)973 **219-4147**

FINANCIAL ASSISTANCE

Center for Food Action201 **569-1804**

Community Health Law Project908 **355-8282**

Consumer Credit Counseling of New Jersey888 **726-3260**

Home Energy Assistance Program (HEAP)908 **351-7727**

Lifeline Program

(Utility Bill Assistance)800 **792-9745**

NJ Citizen Action (Mortgage & Credit Counseling)800 **646-9637**

PSE&G (E-Team Partners)888 **773-8326**

Tax Aid Program (Union County)908 **497-3900**

FITNESS & WELLNESS PROGRAMS

ESSEX COUNTY

Center for Health and Wellness at St Barnabas

Ambulatory Care Ctr, 200 S Orange Ave, Livingston973 **322-7444**

Community Health Outreach, EOGH

300 Central Av, E Orange973 **266-4532**

Integrative Medicine Program at St Barnabas

Ambulatory Care Ctr, 200 S Orange Ave, Livingston973 **322-7007**

Senior Health Network at Clara Maass Medical Center

One Clara Maass Dr, Belleville973 **450-2213**

Sr Wellness Club, EOGH, 300 Central Av, E Orange973 **266-4532**

The Fitness and Wellness Program at Kessler Institute

for Rehab, 1199 Pleasant Valley Way, West Orange973 **731-3600**

HUDSON COUNTY

Senior Health Network at Clara Maass Medical Center

West Hudson Division, 206 Bergen Ave, Kearny201 **955-7016**

Wellness Center at Hamilton Park

330 9th St, Jersey City201 **716-8400**

UNION COUNTY

Aquatic Fitness at Berkeley Swim School908 **464-1995**

Trinitas Regional Medical Ctr Seniors First Program

225 Williamson St, Elizabeth888 **887-4648**



FOOD RESOURCES

NJ Food Stamp Program..... 800 **687-9512**

ESSEX COUNTY

Belleville Senior Svcs, 518 Washington Ave, Belleville 973 **751-6000**
Bethany Senior Citizens, 275 W Market St, Newark 973 **733-5739**
Independence Park Center, 213 Van Buren St, Newark 973 **744-8103**
Office on Aging Nutrition Program (Mary Davis) 973 **395-8390**
South Ward Senior Ctr, 731 Clinton Ave, Newark 973 **373-8587**

HUDSON COUNTY

Henrietta Benstead Senior Citizens Center
 60 Columbia Ave, Kearny 201 **991-9322**
Jewish Family Svc of Metrowest
 – **Kosher Meals on Wheels in Hudson County** 973 **765-9050**
North Bergen Sr Nutrition, 1441 45th St, North Bergen 201 **866-8791**
Senior Nutritional Program, 6900 Broadway, Guttenberg 201 **861-1433**

UNION COUNTY

Ann J Ferguson Towers, 1601 Dill Ave, Linden 908 **298-3820**
Bethel A.M.E. Church, 241 Hilton Ave, Vauxhall 908 **964-9765**
Casano Community Ctr, 314 Chestnut St, Roselle Park 908 **245-9150**
Catholic Charities Food Shopping Service 908 **497-3950**
Cranford-Lincoln Sr Apts, 800 Lincoln Ave E, Cranford 908 **931-0194**
Ehrhart Gardens, 100 Francis Ct, Union 908 **688-0565**
Farley Towers, 33 Cherry St, Elizabeth 908 **965-2454**
Gold Age Towers, 200-220 E Milton Ave, Rahway 732 **499-7950**
Gregorio Center, 330 Helen St, Linden 908 **474-8627**
Hillside Senior Center, 265 Hollywood Ave, Hillside 908 **355-8928**
Holy Trinity Food Pantry, 315 First St, Westfield 908 **232-7090**
James F Buckle Center, 25 1/2 Roosevelt Dr, Winfield 908 **925-2014**
Jewish Comm Ctr, 1391 Martine Ave S, Scotch Plains 908 **889-8800**
Jewish Family Service of Central NJ – Kosher Meals on Wheels,
Urban Community Vegetable Garden, Kosher Food Pantry
 655 Westfield Ave, Elizabeth 908 **352-8375**
JFK Senior Apts, 250 W Grand Ave, Rahway 732 **382-4188**
Kenilworth Sr Center, 526 Boulevard, Kenilworth 908 **272-7743**
Meals on Wheels (Union Co.), 1025 Penn. Av, Linden 908 **486-5100**
Mobile Meals of Westfield 908 **233-6146**
Morningstar Court, 701 Cranford Ave, Linden 908 **486-8200**
O'Donnell Dempsey Sr Ctr, 622 Salem Ave, Elizabeth 908 **354-7431**
Peterson Community Ctr, 408 Palmer St, Elizabeth 908 **353-9806**
Plainfield Tower West, 601 W 7th St, Plainfield 908 **668-1963**

FOOD RESOURCES *continued*

Richmond Towers , 510 E Front St, Plainfield.....	908 769-6335 x608
Roselle Community Ctr , 1268 Shaffer Ave, Roselle.....	908 245-6717
SAGE Eldercare Delivered Meals and/or Food Shopping Services (<i>ad on page 9</i>)	
290 Broad St, Summit.....	908 598-5555
Shaefer Gardens , 35 Sumner Ave, Union.....	908 964-9343
Union Baptist Church , 1088 E Grand St, Elizabeth.....	908 851-5290
Union County Nutrition Program	908 527-4877
Westfield Community Ctr , 558 W Broad St, Westfield.....	908 232-4759
YM-YWHA , 501 Green Ln, Union.....	908 289-8112

FUNERAL & CREMATION INSURANCE

Wm. A. Bradley & Son Funeral Home (<i>ad on page 11</i>)	
345 Main St, Chatham.....	973 457-4724
Bradley-Braviak Funeral Home (<i>ad on page 11</i>)	
49 Whippany Rd, Whippany.....	973 457-4724
Bradley, Haeberle & Barth Funeral Home (<i>ad on page 11</i>)	
1100 Pine Ave, Union.....	973 457-4724
Bradley, Smith & Smith Funeral Home (<i>ad on page 11</i>)	
415 Morris Ave, Springfield.....	973 457-4724
Bradley, Brough & Dangler Funeral Home (<i>ad on page 11</i>)	
299 Morris Ave, Summit.....	973 457-4724
Levandowski-Grillo Funeral Home (<i>ad on page 11</i>)	
44 Bay Ave, Bloomfield.....	973 743-6969
Simple Cremation New Jersey (<i>ad on page 11</i>)	
1100 Pine Ave, Union.....	973 457-4724
Union Funeral Home (<i>ad on page 11</i>)	
1600 Stuyvesant Ave, Union.....	908 964-4222

FUNERAL PLANNING

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Bradley, Smith & Smith Funeral Home (<i>ad on page 11</i>)	
415 Morris Ave, Springfield.....	973 457-4724

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FUNERAL PLANNING *continued*

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 1100 Pine Ave, Union973 **457-4724**
- Union Funeral Home** (*ad on page 11*)
 1600 Stuyvesant Ave, Union908 **964-4222**

FUNERALS

- Wm. A. Bradley & Son Funeral Home** (*ad on page 11*)
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 1100 Pine Ave, Union973 **457-4724**
- Union Funeral Home** (*ad on page 11*)
 1600 Stuyvesant Ave, Union908 **964-4222**

FURNITURE RESTORATION

- SAGE Eldercare** (*ad on page 9*)
 290 Broad St, Summit908 **598-5555**

GRAB BARS

- Back Home Safely**
 (*ad on page 39*)973 **219-4147**

GRIEF SUPPORT / GROUPS

- Wm. A. Bradley & Son Funeral Home** (*ad on page 11*)
 345 Main St, Chatham973 **457-4724**

GRIEF SUPPORT / GROUPS *continued*

Bradley-Braviak Funeral Home (<i>ad on page 11</i>)	
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1100 Pine Ave, Union	973 457-4724
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415 Morris Ave, Springfield.....	973 457-4724
Bradley, Brough & Dangler Funeral Home (<i>ad on page 11</i>)	
299 Morris Ave, Summit	973 457-4724
Simple Cremation New Jersey (<i>ad on page 11</i>)	
1100 Pine Ave, Union	973 457-4724

HEALTH SCREENINGS

Community Health Program at Clara Maass	
Medical Center , 1 Clara Maass Dr, Belleville.....	973 450-2213
St Michael's Medical Center , 111 Central Ave, Newark	
– Breast Cancer Screening	973 877-5189
– Colon Cancer Screening	973 877-5620
– HIV / AIDS Screening	973 877-5525

HEARING RESOURCES

American Speech-Language-Hearing Association	800 638-8255
Cochlear Implant Ctr at The University Hospital	
150 Bergen St, Newark.....	973 972-4967
Division of the Deaf & Hard of Hearing	800 792-8339
Hearing Aid Helpline	800 521-5247
Hearing Aid Assistance to the Aged and Disabled	800 792-9745
Hearing Helpline - Better Hearing Institute	800 327-9355
International Hearing Society	800 521-5247
Morris Cty Div on Aging, Disabilities and Veterans	800 564-4656
National Hearing Aid Bank (Hear Now)	800 648-4327
National Institute on Deafness	800 241-1044
New Jersey Association of Deaf-Blind	732 805-1912
Speech & Hearing Ctr at St Barnabas	
Ambulatory Care Center , 200 S Orange Av, Livingston	973 322-7100

HINDU FUNERALS

Levandowski-Grillo Funeral Home (<i>ad on page 11</i>)	
44 Bay Ave, Bloomfield	973 743-6969



HINDU FUNERALS *continued*

Union Funeral Home *(ad on page 11)*

1600 Stuyvesant Ave, Union908 **964-4222**

HOME CARE REHABILITATION PROVIDER/PARTNER

Prestige Rehab

(ad on page 15)855 **678-8887**

HOME LIQUIDATION SERVICES

Blue Moon Estate Sales *(ad on page 31)*

(www.bluemoonstatesales.com)908 **494-0961**

HOME MAINTENANCE

American Red Cross, 53 Mill Rd, Jersey City 201 **433-3100**

Home Repair Program Sr Citizen

2165 Morris Av, Union 908 **964-7555**

HOME MARKET ANALYSIS

Tonya Keyes, Broker of Record

K&W Red Door Realty *(ad on page 41)*732 **900-0957**

HOME SAFETY EVALUATIONS

Back Home Safely

(ad on page 39)973 **219-4147**

SAGE Eldercare *(ad on page 9)*

290 Broad St, Summit908 **598-5555**

HOSPICES

Hospices provide individuals facing terminal illness with clinical and psycho/social care at home or in a healthcare facility. The mission of hospice is to assist patients and allow them to live the last stage of their lives with dignity; and to supplement routine clinical care with expertise in pain control, symptom management, grief and loss counseling, as well as support services. Most hospices accept Medicare/Medicaid, insurance and private pay. For more information call our Seniors Resource Line at 973-560-0064.



- Home Liquidation Services • Estate Sales
- Downsizing Options for Seniors • Life Settlements
- Retirement Planning

908-494-0961

www.bluemoonestatesales.com

HOSPICES *continued*

OUR PREFERRED HOSPICE PROVIDER

Serenity Hospice

(ad on Inside Front Cover)609 **227-2400**

HOSPITALS

ESSEX COUNTY

Barnabas Health Ambulatory Ctr, 200 S Orange Av, Livingston973 **322-7000**

Clara Maass Medical Center, One Clara Maass Dr, Belleville..... 973 **450-2002**

Cooperman Barnabas Medical Center

94 Old Short Hills Rd, Livingston 973 **322-5000**

East Orange General Hospital, 300 Central Ave, E Orange 973 **672-8400**

Hackensack UMV Mountainside, 1 Bay Ave, Montclair 973 **429-6000**

Newark Beth Israel Medical Center, 201 Lyons Ave, Newark..... 973 **926-7000**

St Michael's Medical Center, 111 Central Ave, Newark 973 **877-5000**

The University Hospital, 150 Bergen St, Newark..... 973 **972-8259**

VA of NJ Health Care System, 385 Tremont Av, E Orange..... 973 **676-1000**

HUDSON COUNTY

Bayonne Medical Center, 29th St at Ave E, Bayonne..... 201 **858-5000**

Christ Hospital, 176 Palisade Ave, Jersey City..... 201 **795-8200**

Clara Maass Medical Center

W Hudson Division, 206 Bergen Av, Kearny.....201 **955-7000**

Hoboken University Medical Ctr, 308 Willow Ave, Hoboken..... 201 **418-1000**

Hudson Cty Meadowview Hospital, 595 County Ave, Secaucus201 **319-3660**

Hudson Regional Hospital, 55 Meadowlands Pkwy, Secaucus201 **392-3278**

Jersey City Medical Center, 355 Grand St, Jersey City..... 201 **915-2000**

Palisades Medical Center, 7600 River Rd, North Bergen 201 **854-5000**

UNION COUNTY

Children's Specialized Hospital

150 New Providence Rd, Mountainside908 **233-3720**

Kindred Hospital, 865 Stone St, Rahway..... 732 **381-4200**

Continued on next page ➔



HOSPITALS *continued*

Overlook Medical Center , 99 Beauvoir Ave, Summit.....	908 522-2000
Robert Wood Johnson University , 865 Stone St, Rahway	732 381-4200
Runnells Specialized Hospital , 40 Watchung Wy, Berkeley Hts	908 771-5700
Summit Oaks Hospital , 19 Prospect St, Summit	908 522-7000
Trinitas Regional Medical Ctr , 225 Williamson St, Elizabeth	908 994-5000

LIBRARIES

ESSEX COUNTY

Belleville Public Library , 221 Washington Ave, Belleville	973 450-3434
– Silver Lake Branch , 30 Magnolia St, Belleville	973 450-3438
Bloomfield Public Library , 90 Broad St, Bloomfield	973 566-6200
Caldwell Public Library , 268 Bloomfield Ave, Caldwell	973 226-2837
Cedar Grove Public Library , 1 Municipal Plaza,	973 239-1447
E Orange Elmwood Branch , 317 S Clinton St, E Orange.....	973 266-7050
E Orange Franklin Branch , 192 Dodd St, E Orange	973 266-7053
E Orange Public Library , 21 S Arlington Ave, E Orange	973 266-5600
Fairfield Free Public Library , 261 Hollywood Ave, Fairfield	973 227-3575
Glen Ridge Public Library , 240 Ridgewood Ave	973 748-5482
Irvington Public Library , 5 Civic Square, Irvington	973 372-6400
Livingston Public Library , 10 Robert H Harp Dr.,	973 992-4600
Maplewood Hilton Branch , 1688 Springfield Ave,	973 762-1688
Maplewood Mem. Libr. , 51 Baker St, Maplewood.....	973 762-1622
Millburn Public Library , 200 Glen Ave, Millburn.....	973 376-1006
Montclair Public Library , 50 S Fullerton Ave, Montclair	973 744-0500
Newark	
– Branch Brook Branch , 235 Clifton Ave, Newark.....	973 733-7760
– Clinton Branch , 739 Bergen St, Newark.....	793 733-7757
– First Ave Branch , 282 First Ave, Newark.....	973 733-8091
– Madison Branch , 790 Clinton Ave, Newark.....	973 733-8090
– North End Branch , 722 Summer Ave, Newark.....	973 733-7766
– Public Library , 5 Washington St, Newark.....	973 733-7784
– Roseville Branch , 99 5th St, Newark.....	973 733-7770
– Springfield Branch , 50 Hayes St, Newark.....	973 733-7736
– Vailsburg Branch , 75 Alexander St, Newark	973 733-7755
– Van Buren Branch , 140 Van Buren St, Newark	973 733-7750
– Weequahic Branch , 355 Osborne Terr, Newark.....	973 733-7751
Nutley Public Library , 93 Booth Dr, Nutley.....	973 667-0405
Orange Public Library , 348 Main St, Orange.....	973 673-0153
Roseland Public Library , 20 Roseland Ave, Roseland	973 226-8636

LIBRARIES *continued*

S Orange Public Library , 65 Scotland Rd, S Orange	973 762-0230
Verona Public Library , 17 Gould St, Verona	973 857-4848
W Caldwell Public Library , 30 Clinton Rd, W Caldwell	973 226-5441
W Orange Public Library , 46 Mt Pleasant Ave, W Orange	973 736-0198

HUDSON COUNTY

Bayonne Branch Two Library , 1055 Ave C, Bayonne	201 858-6977
Bayonne Public Library , 697 Ave C, Bayonne	201 858-6973
– Story Court Branch , Story Court & 4th St, Bayonne	201 858-6979
Harrison Public Library , 415 Harrison Ave, Harrison	973 483-2366
Hoboken Public Library , 500 Park Ave, Hoboken	201 420-2346

Jersey City Biblioteca Criolla & Cultural Ctr

Unit-4, Main Library, 472 Jersey Ave, Jersey City	201 547-4541
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Jersey City

– Glenn D Cunningham Branch Libr , 275 MLK Dr, Jersey City ..	201 547-4555
– Five Corners Branch , 678 Newark Av, Jersey City	201 547-4543
– Greenville Branch , 1841 Kennedy Blvd, Jersey City	201 547-4553
– The Heights Branch , 14 Zabriskie St, Jersey City	201 547-4556
– Lafayette Branch , 307 Pacific Ave, Jersey City	201 547-5017
– Main Library , 472 Jersey Ave, Jersey City	201 547-4500
– Marion Branch , 1017 W Side Ave, Jersey City	201 547-4552
– Miller Branch , 489 Bergen Ave, Jersey City	201 547-4551
– Pavonia Branch , 326 Eighth St, Jersey City	201 547-4808
– West Bergen Branch , 476 W Side Ave, Jersey City	201 547-4554

Kearny Public Library , 318 Kearny Ave, Kearny	201 998-2666
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North Bergen , 8411 Bergenline Ave, North Bergen	201 869-4715
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Secaucus Public Library , 1379 Paterson Plank Rd,	201 330-2083
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Union City Branch , 1800 Summit Ave, Union City	201 866-7503
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Union City Public Library , 324 43rd St, Union City	201 866-7500
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Weehawken Public Library , 49 Hauxhurst Ave,	201 863-7823
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W New York Public Library , 425 60th St, W New York	201 295-5135
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UNION COUNTY

Berkley Heights , 290 Plainfield Ave, Berkeley Heights	908 464-9333
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Clark Public Library , 303 Westfield Ave, Clark	732 388-5999
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Cranford Public Library , 224 Walnut Ave, Cranford	908 709-7272
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Elizabeth

– Elmora Branch , 740 W Grand St, Elizabeth	908 353-4820
– E-Port Branch , 102-110 Third St, Elizabeth	908 289-9032
– La Corte Branch , 408 Palmer St, Elizabeth	908 820-4298
– Public Library , 11 South Broad St, Elizabeth	908 354-6060

Continued on next page ➤



LIBRARIES *continued*

Fanwood Memorial Library , 14 Tillotson Rd, Fanwood	908 322-6400
Garwood Public Library , 411 Third Ave, Garwood	908 789-1670
Hillside Public Library , Hillside & Liberty Ave, Hillside	973 923-4413
Kenilworth Public Library , 548 Blvd, Kenilworth	908 276-2451
Linden Public Library , 31 E Henry St, Linden	908 298-3830
Mountainside , Constitution Plaza, Mountainside	908 233-0115
New Providence , 377 Elkwood Ave, New Providence	908 665-0311
Plainfield Public Library , Park Ave at 8th St, Plainfield	908 757-1111
Rahway Public Library , 2 City Hall Plaza, Rahway	732 340-1551
Roselle Park Vets Mem , 404 Chestnut St, Roselle Park	908 245-2456
Roselle Public Library , 104 W Fourth Ave, Roselle	908 245-5809
Scotch Plains Public Library , 1927 Bartle Ave,	908 322-5007
Springfield Public Library , 66 Mountain Ave, Springfield	973 376-4930
Summit Public Library , 75 Maple St, Summit	908 273-0350
Union Public Library , 1980 Morris Ave, Union	908 851-5450
Union Vauxhall Branch , 123 Hilton Ave, Vauxhall	908 851-5450
Westfield Memorial Library , 550 E Broad St, Westfield	908 789-4090

LIFE SETTLEMENTS

Blue Moon Estate Sales (<i>ad on page 31</i>) (www.bluemoonestatesales.com)	908 494-0961
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LIFE TRIBUTES

Wm. A. Bradley & Son Funeral Home (<i>ad on page 11</i>) 345 Main St, Chatham	973 457-4724
Bradley-Braviak Funeral Home (<i>ad on page 11</i>) 49 Whippany Rd, Whippany	973 457-4724
Bradley, Haeberle & Barth Funeral Home (<i>ad on page 11</i>) 1100 Pine Ave, Union	973 457-4724
Bradley, Smith & Smith Funeral Home (<i>ad on page 11</i>) 415 Morris Ave, Springfield	973 457-4724
Bradley, Brough & Dangler Funeral Home (<i>ad on page 11</i>) 299 Morris Ave, Summit	973 457-4724
Levandowski-Grillo Funeral Home (<i>ad on page 11</i>) 44 Bay Ave, Bloomfield	973 743-6969
Simple Cremation New Jersey (<i>ad on page 11</i>) 1100 Pine Ave, Union	973 457-4724
Union Funeral Home (<i>ad on page 11</i>) 1600 Stuyvesant Ave, Union	908 964-4222

LOCAL ACTIVITIES

Union County Old Timers Softball League.....	908 322-1697
Union County Senior Softball 50+ & 60+	908 654-5088

LOW COST CREMATIONS

Wm. A. Bradley & Son Funeral Home (<i>ad on page 11</i>)	
345 Main St, Chatham.....	973 457-4724
Bradley-Braviak Funeral Home (<i>ad on page 11</i>)	
49 Whippany Rd, Whippany	973 457-4724
Bradley, Haeberle & Barth Funeral Home (<i>ad on page 11</i>)	
1100 Pine Ave, Union	973 457-4724
Bradley, Smith & Smith Funeral Home (<i>ad on page 11</i>)	
415 Morris Ave, Springfield.....	973 457-4724
Bradley, Brough & Dangler Funeral Home (<i>ad on page 11</i>)	
299 Morris Ave, Summit	973 457-4724
Levandoski-Grillo Funeral Home (<i>ad on page 11</i>)	
44 Bay Ave, Bloomfield	973 743-6969
Simple Cremation New Jersey (<i>ad on page 11</i>)	
1100 Pine Ave, Union	973 457-4724
Union Funeral Home (<i>ad on page 11</i>)	
1600 Stuyvesant Ave, Union	908 964-4222

LOW COST FUNERALS

Wm. A. Bradley & Son Funeral Home (<i>ad on page 11</i>)	
345 Main St, Chatham.....	973 457-4724
Bradley-Braviak Funeral Home (<i>ad on page 11</i>)	
49 Whippany Rd, Whippany	973 457-4724
Bradley, Haeberle & Barth Funeral Home (<i>ad on page 11</i>)	
1100 Pine Ave, Union	973 457-4724
Bradley, Smith & Smith Funeral Home (<i>ad on page 11</i>)	
415 Morris Ave, Springfield.....	973 457-4724
Bradley, Brough & Dangler Funeral Home (<i>ad on page 11</i>)	
299 Morris Ave, Summit	973 457-4724
Levandoski-Grillo Funeral Home (<i>ad on page 11</i>)	
44 Bay Ave, Bloomfield	973 743-6969
Simple Cremation New Jersey (<i>ad on page 11</i>)	
1100 Pine Ave, Union	973 457-4724
Union Funeral Home (<i>ad on page 11</i>)	
1600 Stuyvesant Ave, Union	908 964-4222



MEDICAID NURSING HOME PLACEMENT SERVICES

Callahan Financial Services Group, LLC	
(ad on page 37).....	973 325-7500
Oasis Senior Advisors	732 524-8864
Senior Choices of NJ and Ask-Carol Company (www.ask-carol.com-tammy)	
(ad on page 15)	862 397-9707
Unicity Senior Advisors (ad on page 61).....	201 670-7100

MEDICARE/MEDICAID

Applications for Medicaid Done by Callahan Financial Services Group, LLC	
(ad on page 37).....	973 325-7500
Medicaid New Jersey	800 356-1561
Medicare Choice Helpline	800 633-4227
Medicare Social Security Office	800 638-6833
– Info & Claims	800 332-6681
Medicare/Medicaid Fraud Hotline	800 447-8477
SHIP (State Health Insurance Assistance Program)	
– Essex.....	973 637-1717
– Hudson	201 271-4322
– Union	908 598-5529

MEDICATION MANAGEMENT

SAGE Eldercare (ad on page 9)	
290 Broad St, Summit	908 598-5555

MEMORIAL PLANNING

Levandoski-Grillo Funeral Home (ad on page 11)	
44 Bay Ave, Bloomfield	973 743-6969
Union Funeral Home (ad on page 11)	
1600 Stuyvesant Ave, Union	908 964-4222

MEMORIAL SERVICES

Wm. A. Bradley & Son Funeral Home (ad on page 11)	
345 Main St, Chatham.....	973 457-4724



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MEMORIAL SERVICES *continued*

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Bradley, Haeberle & Barth Funeral Home *(ad on page 11)*

1100 Pine Ave, Union973 **457-4724**

Bradley, Smith & Smith Funeral Home *(ad on page 11)*

415 Morris Ave, Springfield.....973 **457-4724**

Bradley, Brough & Dangler Funeral Home *(ad on page 11)*

299 Morris Ave, Summit973 **457-4724**

Levandoski-Grillo Funeral Home *(ad on page 11)*

44 Bay Ave, Bloomfield973 **743-6969**

Simple Cremation New Jersey *(ad on page 11)*

1100 Pine Ave, Union973 **457-4724**

Union Funeral Home *(ad on page 11)*

1600 Stuyvesant Ave, Union908 **964-4222**

MEMORY CARE REHABILITATION PROVIDER/PARTNER

Prestige Rehab

(ad on page 15)855 **678-8887**

MENTAL HEALTH SERVICES

American Psychological Association 800 **964-2000**

Jewish Family Svc of MetroWest, 256 Columbia Tnpke, Florham Pk ... 973 **765-9050**

Mental Health Services Hotline 800 **273-8255**

National Mental Health Association 800 **969-6642**

National Suicide Prevention Hotline 800 **273-TALK**

Suicide Prevention..... 800 **SUICIDE**

ESSEX COUNTY

Behavioral Health at Newark Beth Israel Medical Ctr

201 Lyons Av, Newark 973 **926-7026**

Continued on next page >



MENTAL HEALTH SERVICES

continued

Behavioral Health at Clara Maass Medical Ctr

One Clara Maass Dr, Belleville 800 **300-0628**

Behavioral Health Program at East Orange General Hospital

300 Central Av, East Orange 973 **266-8437**

Behavioral Health Program at Mountainside Hospital

1 Bay Av, Montclair 888 **247-1400**

Behavioral Health Services at Saint Michael's Medical Ctr

111 Central Ave, Newark 973 **877-2552**

Bereavement Program at St Barnabas

Hospice and Palliative Care Center 973 **322-4830**

Electroconvulsive Therapy (ECT) at The University Hospital

150 Bergen St, Newark 973 **972-8259**

Jewish Family Services of MetroWest

256 Columbia Turnpike, Florham Park 973 **765-9050**

HUDSON COUNTY

Behavioral Health (Psychiatry) at Bayonne Medical Center

29th St at Ave E, Bayonne 201 **858-5232**

Bereavement Program at St Barnabas

Hospice and Palliative Care Center 973 **322-4830**

Christ Hospital Psychiatric Emergency Services

176 Palisade Ave, Jersey City 201 **795-8373**

Community Mental Health Center at St Mary Hospital

308 Willow Ave, Hoboken 201 **792-8200**

Mental Health Crisis Hotline at St Mary Hospital

308 Willow Ave, Hoboken 201 **795-5505**

Psychiatric Emergency Services (24 hr hotline)

at Bayonne Medical Center, 29th St at Ave E, Bayonne 201 **858-5286**

UNION COUNTY

Behavioral Health Services at Summit Oaks Hospital

19 Prospect St, Summit 800 **753-5223**

Bereavement Program at St Barnabas

Hospice and Palliative Care Center 973 **322-4830**

Jewish Family Service of Central NJ

655 Westfield Ave, Elizabeth 908 **352-8375**

The Cognitive & Research Center of New Jersey

195 Mountain Ave, Springfield 973 **850-4622**

MENTAL HEALTH SERVICES

continued

Trinitas Regional Medical Ctr, 225 Williamson St, Elizabeth	908 994-5000
– Adult Substance Abuse Services.....	908 994-7090
– Behavioral Health & Psychiatry	888 994-7450
– Mentally Ill Support Group (for Spanish speaking)	201 348-9159
– 24-Hour Crisis Hotline.....	908 351-6684

MOBILE NOTARY

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ONLINE CREMATION ARRANGEMENTS

Levandoski-Grillo Funeral Home (ad on page 11)

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Union Funeral Home (ad on page 11)

1600 Stuyvesant Ave, Union908 **964-4222**

PERSONALIZED VISITATIONS

Unicity Advisors

(ad on page 61)201 **670-7100**

PHARMACY (HOME DELIVERY) & MEDICATION MANAGEMENT

AMR Pharmacy (Affiliate of Heart to Heart Home Care)

(ad on page 52)848 **222-1110**

PHYSICAL THERAPY PROVIDER

Prestige Rehab

(ad on page 15)855 **678-8887**

PLACEMENT SPECIALIST

Oasis Senior Advisors732 **524-8864**

Senior Choices of NJ and Ask-Carol Company

(www.ask-carol.com-tammy) (ad on page 15)862 **397-9707**

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(ad on page 61)201 **670-7100**

PRESCRIPTION ASSISTANCE

Eli Lilly and Company877 **795-4559**

Medicare Prescription Drug Card800 **633-4227**

Merck Patient Assistance Program800 **727-5400**

National Mail Order Pharmacy Prog for Veterans866 **363-8667**

Novartis Medicare Drug Plan Assistance Line800 **620-3292**

People's Prescription Plan800 **566-0003**

Pfizer Pfriends866 **706-2400**

Pharm Assist. for the Aged and Disabled (PAAD)800 **792-9745**

PRESCRIPTION ASSISTANCE *continued*

Pharmacy Program at Bayonne Medical Hospital	201 858-5263
Prescription Benefits	800 334-8134
Prescription Savings Service Card (AARP)	800 456-2277
Rx PhRMA	800 762-4636
Senior Gold Prescription Discount Program	800 792-9745
The Medicine Program	573 996-7300

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ESSEX COUNTY

CareOne at Livingston (*ad on page 72*)

68 Passaic Ave, Livingston.....973 **758-9000**

Job Haines Home (*ad on page 83*)

250 Bloomfield Ave, Bloomfield.....973 **743-0792**

Park Crescent Healthcare & Rehab

(*ad on Inside Front Cover*)

480N Walnut St, East Orange973 **674-2700**

MORRIS COUNTY

Cedar Crest (*ad on page 74*)

4 Cedar Crest Drive, Pompton Plains.....800 **960-6226**

UNION COUNTY

Cranford Park Rehab & Health Care Center (*ad on page 87*)

600 Lincoln Park E, Cranford908 **868-3569**

Elmora Hills Healthcare & Rehab (*ad on IFC*)

225 W Jersey St, Elizabeth.....908 **353-1220**

Lantern Hill (*ad on page 74*)

537 Mountain Ave, New Providence.....844 **779-8778**

South Mountain Healthcare & Rehab (*ad on IFC*)

2385 Springfield Ave, Vauxhall908 **688-3400**

Spring Grove Rehab & Healthcare Center (*ad on page 87*)

144 Gales Dr, New Providence.....908 **464-8600**

RESPIRATORY CARE

Ctr for Occupational & Environmental Respiratory Health

at Newark Beth Israel Medical Ctr, 201 Lyons Av, Newark..... 973 **926-8204**

RESPIRATORY CARE *continued*

Respiratory Services at St Michaels Medical Center

111 Central Av, Newark 973 877-5493

Respiratory Care Services at East Orange General Hospital

300 Central Av, East Orange 973 266-2979

Respiratory Svcs at Clara Maass Medical Center

One Clara Maass Dr, Belleville 973 450-2263

Trinitas Regional Medical Ctr, 225 Williamson St, Elizabeth 908 994-5000

– Pulmonary Rehabilitation 908 994-5695

– Respiratory Therapy 908 994-5047

– Fitness Center 908 994-5695

RETIREMENT & LEGACY PLANNING

Wm. A. Bradley & Son Funeral Home (*ad on page 11*)

345 Main St, Chatham 973 457-4724

Bradley-Braviak Funeral Home (*ad on page 11*)

49 Whippany Rd, Whippany 973 457-4724

Bradley, Haeberle & Barth Funeral Home (*ad on page 11*)

1100 Pine Ave, Union 973 457-4724

Bradley, Smith & Smith Funeral Home (*ad on page 11*)

415 Morris Ave, Springfield 973 457-4724

Bradley, Brough & Dangler Funeral Home (*ad on page 11*)

299 Morris Ave, Summit 973 457-4724

Levandoski-Grillo Funeral Home (*ad on page 11*)

44 Bay Ave, Bloomfield 973 743-6969

Simple Cremation New Jersey (*ad on page 11*)

1100 Pine Ave, Union 973 457-4724

Union Funeral Home (*ad on page 11*)

1600 Stuyvesant Ave, Union 908 964-4222

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SENIOR CENTERS

ESSEX COUNTY

Belleville Senior Center , 315 Belleville Ave, Belleville.....	973 759-9547
Belleville Sr Citizens Club , 125 Franklin Ave, Belleville.....	973 450-3430
Bethany Senior Center , 275 W Market St, Newark.....	973 733-5739
Bloomfield Civic Center , 84 Broad St, Bloomfield.....	973 743-3332
Branch Brook Park Visitor Ctr , Branch Brk Pk, Belleville.....	973 482-4198
East Orange Senior Ctr , 70 S Burnet St, East Orange.....	973 266-8832
Fairfield Golden Age Club , 230 Fairfield Rd, Fairfield.....	973 882-8399
Grover Cleveland Senior Ctr , 1 Provost Sq, Caldwell.....	973 403-4637
Independence Park Center , 213 Van Buren St, Newark.....	973 589-9261
Ironbound Senior Center , 11 Providence St, Newark.....	973 344-2629
Ironbound Senior Center , 226 Rome St, Newark.....	973 424-4101
– Senior Citizens (E Ward)	973 424-4098
Irvington Sr Citizens Ctr , 1077 Springfield Ave, Irvington.....	973 399-6501
Ivy Hill Jewish Senior Ctr , 260 Mount Vernon Pl, Newark.....	973 763-1005
J.C. White Manor , 516 Bergen St, Newark.....	973 273-6824
Jewish Community Senior Ctr , 760 Northfield Ave, W Orange.....	973 736-3200
Jewish Senior Citizen Ctr of Irvington , 1 Linden Ave.,.....	973 372-3907
La Casa De Don Pedro , 317 Roseville Ave, Newark.....	973 485-7933
Livingston Community Ctr , Hillside Ave, Livingston.....	973 535-7975
Maplewood Senior Citizens , 120 Burnett Ave, Maplewood.....	973 763-0750
Nellie Grier Senior Center , 98-104 Maple Ave, Newark.....	973 424-4096
Residents for Community Action , 201 Bloomfield Ave, Newark.....	973 483-8420
Senior Care & Activities Ctr , 110 Greenwood Ave, Montclair.....	973 783-5589
South Orange Sr Circle , 5 Mead St, South Orange.....	973 378-7761
South Ward Mini Center , 491 Clinton Ave, Newark.....	973 424-4102
South Ward Sr Center , 731 Clinton Ave, Newark.....	973 424-4102
The Centre , 54 Elizabeth Ave, Newark.....	973 242-5436
Unified Vailsburg Srcs Org , 40 Richelieu Terrace, Newark.....	973 374-2000
West Ward Center , 107 Roseville Ave, Newark.....	973 482-6602

HUDSON COUNTY

Bayonne Jewish Community Ctr , 1050 Kennedy Blvd,.....	201 436-6900
Bayonne Senior Center , 16 W Fourth St, Bayonne.....	201 858-6133
Bayonne Uptown Sr Ctr , 329 Ave B 56th St, Bayonne.....	201 437-5996

SENIOR CENTERS *continued*

Henrietta Benstead Senior Citizens Center

60 Columbia Ave, Kearny	201	991-9322
Hoboken Senior Ctr , 124 Grand St, Hoboken	201	420-2054
North Bergen Senior Ctr , 1441 45th St, North Bergen	201	866-8791
Secaucus Sr Citizen Ctr , 101 Centre Ave, Secaucus	201	330-2034
Weehawken Sr Citizen Ctr , 201 Highwood Ave,	201	319-6060

UNION COUNTY

Casano Community Center , 314 Chestnut St, Roselle Park	908	245-0666
Chisolm Community Center , 100 S Springfield Ave, Springfield ...	973	912-2227
Clark Senior Center , 430 Westfield Ave, Clark	732	381-3823
Cranford Community Center , 220 Walnut Ave, Cranford	908	709-7283
Garwood Seniors , 415 South Ave, Garwood	908	789-0738
Gregorio Center , 330 Helen St, Linden	908	474-8627
Hillside Senior Center , 265 Hollywood Ave, Hillside	908	355-8928
James F Buckle Center , 25 1/2 Roosevelt Dr, Winfield	908	925-2014
Jewish Community Center , 1391 Martine Ave S, Scotch Plains	908	889-8800
Kenilworth Senior Ctr , 526 Boulevard, Kenilworth	908	272-7743
Lavy House Senior Resource Ctr , 748 E Broad St, Westfield	908	389-1263
Liberty Square Senior Ctr , 240 Elizabeth Ave, Elizabeth	908	820-4700
Mountainside Sr Program , Borough Hall, Rt 22, Mountainside	908	232-4406
New Providence Senior Ctr , 15 E 4th St, New Providence	908	665-0046
O'Donnel Dempsey Senior Ctr , 622 Salem Ave, Elizabeth	908	354-7431
Peterstown Community Ctr , 408 Palmer St at 4th Av, Elizabeth ...	908	353-9806
Plainfield Sr Svcs Program , 305 E Front St, Plainfield	908	753-3506
Rahway Sr Citizen Ctr , 1306 Esterbrook Ave, Rahway	732	827-2016
Roselle Community Ctr , 1268 Shaffer Ave, Roselle	908	245-6717
Steven Sampson Senior Ctr , 800 Anna St, Elizabeth	908	820-4704
Union Township Senior Ctr , 968 Bonnel Ct, Union	908	851-5290
Westfield Senior Community Ctr , 558 W Broad St, Westfield	908	232-4759
YM-YWHA , 501 Green Ln	908	289-8112

SENIOR LIVING & CARE FINDERS

Oasis Senior Advisors	732	524-8864
Senior Choices of NJ and Ask-Carol Company (www.ask-carol.com-tammy)		
(ad on page 15)	862	397-9707
Unicity Senior Advisors		
(ad on page 61)	201	670-7100



SENIOR LIVING GUIDANCE

Oasis Senior Advisors.....	732 524-8864
Senior Choices of NJ and Ask-Carol Company (www.ask-carol.com-tammy)	
(ad on page 15)	862 397-9707
Unicity Senior Advisors	
(ad on page 61)	201 670-7100

SENIOR ORGANIZATIONS & SERVICES

AARP	800 441-2277
AARP Driver Safety Program.....	888 227-7669
Alcoholics Anonymous.....	800 477-1104
Alzheimer's Association – Greater New	
New Jersey Chapter (ad on page 13)	800 272-3900
Alzheimer's New Jersey.....	888 280-6055
American Association of Retired Persons (AARP).....	866 542-8165
American Cancer Society.....	800 227-2345
American Diabetes Association.....	800 342-2383
American Heart Association.....	800 242-8721
American Kidney Fund.....	800 638-8299
American Liver Foundation.....	800 465-4837
American Lung Association.....	800 586-4872
American Parkinson Disease Association.....	800 223-2732
American Stroke Association.....	800 553-6321
Arthritis Foundation.....	800 283-7800
East Orange General Hospital Sr Wellness Clubs.....	973 414-1884
Easter Seals Society.....	800 221-6827
Eldercare Locator Nationwide.....	800 677-1116
Essex County Div on Aging, 900 Bloomfield Ave, Verona.....	973 395-8389
Hudson County Office on Aging, 595 County Av, Secaucus.....	201 369-4313
Huntington's Disease Society of America.....	800 345-4372
Irvington SDA 50 Plus Club.....	973 295-0411
Lavy House Sr Resource Ctr, 748 E Broad St, Westfield.....	908 389-1263
Leukemia and Lymphoma Society.....	800 286-8159
Lupus Foundation of America.....	800 558-0121
Mental Health Services Hotline.....	800 273-8255
National Alliance for Caregiving (NAC)	info@caregiving.org
National Council on Aging.....	800 424-9046
National Family Caregivers Association.....	800 896-3650
National Home Caring Council.....	202 547-7424

SENIOR ORGANIZATIONS & SERVICES continued

National Kidney Foundation	800 622-9010
National Multiple Sclerosis Society	800 344-4867
National Osteoporosis Foundation	800 223-9994
National Parkinson Foundation	800 327-4545
NJ Division of Senior Affairs	800 792-8820
NJ Ease	877 222-3737
NJ Hospice and Palliative Care Organization	908 223-0060
Ombudsman for the Institutionalized Elderly	877 582-6995
Project Life Saver Wander Tracking Service	
– Union County Sheriff's Office	908 273-1608
The National Association for Homecare	202 547-7424
Trinitas Hospital Seniors First Program	888 887-4648
Union Cty Division on Aging, Elizabeth Plaza, Elizabeth	908 527-4870
United Ostomy Association	800 826-0826

SENIOR REAL ESTATE SPECIALIST

Tonya Keyes, Broker of Record

K&W Red Door Realty (*ad on page 41*)732 **900-0957**

SOCIAL SECURITY

Social Security Administration	
– Clifton, 935 Allwood Rd, Clifton	800 772-1213
– Hoboken, 79 Hudson St, 6th Fl, Hoboken	800 772-1213
– Union, 855 Lehigh Ave, Union	800 772-1213

STAIR LIFTS

Back Home Safely

(*ad on page 39*)973 **219-4147**

SUPPORT SERVICES

AARP Support Group	866 542-8165
Alzheimer's Association – Greater New	
New Jersey Chapter (<i>ad on page 13</i>)	800 272-3900
American Cancer Society Support Group	973 331-9300
American Lung Association Support Group	973 227-7720
Arthritis Foundation Support Group	800 467-3112
DOROT Caregivers Connection Support Group	201 854-8551

Continued on next page >



SUPPORT SERVICES

continued

Jewish Family Service of MetroWest

– Alzheimer's Caregiver Support Group

570 W Mt Pleasant Av, Livingston 973 765-9050

– Cafe Europa – Holocaust Program

256 Columbia Turnpike, Florham Park 973 765-9050

– Loss of Spouse Support Grp

256 Columbia Turnpike, Florham Park 973 765-9050

Self-Help Clearinghouse 800 367-6274

ESSEX COUNTY

Bereavement Program at St Barnabas

Hospice & Palliative Care Center 973 322-4830

Clara Maass Medical Center, One Clara Maass Dr, Belleville

– Breast Cancer Support Group 973 450-2332

– Cancer Support Group 973 844-4347

– Caregiver's Support Group 973 450-2285

– Diabetes Support Group, EOGH 973 266-4553

Jewish Family Service of MetroWest NJ

– Alzheimer's Caregiver Support Group

570 W Mt Pleasant Ave, Livingston 973 765-9050

– Cafe Europa Holocaust Program

256 Columbia Turnpike, Florham Park 973 765-9050

Newark Beth Israel Medical Center, 201 Lyons Ave, Newark

– Breast Cancer Support Group 973 926-7565

– Cancer Patient Support Group 973 926-7609

St Barnabas Ambulatory Care Center, 200 South Orange Ave, Livingston

– Lymphedema Education and Support Group 973 322-7293

– Osteoporosis Support Group 973 322-7830

St Barnabas Medical Center, 94 Old Short Hills Rd, Livingston

– Bereavement Support Group 973 322-4800

– Burn Peer Support Group 973 322-5276

– Cancer Support Group 973 322-2668

– Epilepsy Parent Support Group 973 244-0850

– Physician Referral Service 888 724-7123

– Renal Transplant Support Group 973 322-8463

HUDSON COUNTY

Bayonne Medical Center Support Services through

Community Crossing, 29th St at Ave E, Bayonne 201 437-4100

SUPPORT SERVICES *continued*

UNION COUNTY

Jewish Family Service of Central NJ

– Alzheimer's / Dementia Caregiver Support Group

655 Westfield Ave, Elizabeth 908 **352-8375**

140 Mountain Ave, Westfield 908 **352-8375**

– Cafe Europa – Holocaust Program

655 Westfield Ave, Elizabeth 908 **352-8375**

Trinitas Regional Medical Center Support Services

225 Williamson St and 655 East Jersey St, Elizabeth

– Alzheimer's/Dementia Support Group 908 **994-7313**

– Breast Cancer Support Svcs (English/Spanish) 908 **994-8244**

– Caregiver's Support Line 866 **932-2748**

– Grandparents as Parents (GAP) 908 **994-7460**

– Mentally Ill Support Grp (for Spanish speaking) 201 **348-9159**

– Sleep Disorders CPAP Support Group 908 **994-8694**

– Wellness Management Services 908 **994-7334**

TITLE INSURANCE AND SETTLEMENT

Order Defined

(alyson@orderdefined.com) 973 **404-0043**

TRANSITIONAL ELDERCARE CONSULTING

Unicity Senior Advisors

(ad on page 61) 201 **670-7100**

TRANSPORTATION

Christ Hospital Senior Transportation Service 201 **795-8261**

Essex County Senior Transportation 973 **618-1280**

Essex Valley Med Transportation Svcs (EVMTS) 973 **266-2989**

EZ Ride – Ryde4Life 866 **208-1307 x4**

Jewish Family Service of Central NJ – JFS Escorted Door to Door

Transportation Program, 655 Westfield Ave, Elizabeth 908 **352-8375**

New Jersey Transit Access Link 800 **955-2321**

New Jersey Transit General Information Line 973 **491-7000**

Orange, NJ Transportation

Provided by Office of Older Adult Services 973 **266-4048**

Sr Discount Reduced Fare for NJ Trans. Bus & Rail 973 **378-6401**

Transcend (Hudson County) 201 **369-4320**

Continued on next page >



TRANSPORTATION *continued*

Transportation Prog (Patients Only)	
at St Mary's Hospital	201 418-2872
Trinitas Hospital Ambulance Transportation Svc	908 994-8888
Union County Paratransit	908 241-8300

VETERAN FUNERALS

Wm. A. Bradley & Son Funeral Home (<i>ad on page 11</i>)	
345 Main St, Chatham.....	973 457-4724
Bradley-Braviak Funeral Home (<i>ad on page 11</i>)	
49 Whippany Rd, Whippany	973 457-4724
Bradley, Haerberle & Barth Funeral Home (<i>ad on page 11</i>)	
1100 Pine Ave, Union	973 457-4724
Bradley, Smith & Smith Funeral Home (<i>ad on page 11</i>)	
415 Morris Ave, Springfield.....	973 457-4724
Bradley, Brough & Dangler Funeral Home (<i>ad on page 11</i>)	
299 Morris Ave, Summit	973 457-4724
Levandoski-Grillo Funeral Home (<i>ad on page 11</i>)	
44 Bay Ave, Bloomfield.....	973 743-6969
Simple Cremation New Jersey (<i>ad on page 11</i>)	
1100 Pine Ave, Union	973 457-4724
Union Funeral Home (<i>ad on page 11</i>)	
1600 Stuyvesant Ave, Union	908 964-4222

VETERAN SERVICES

Debt Management	800 827-0648
E Orange Campus of the VA NJ Health Care System	
385 Tremont Av, East Orange	973 676-1000
Education Benefits	888 442-4551
Health Benefits	877 222-8387
Health Eligibility Center	800 929-8387
Jersey City Vet Ctr, 115 Christopher Columbus Dr, S-200	973 645-2038
Life Insurance	800 669-8477
Newark Vet Center, 45 Academy St, Newark	973 645-5954
Senior Choices of NJ and Ask-Carol Company	
(www.ask-carol.com-tammy) (<i>ad on page 15</i>)	862 397-9707
Tri-Care for Life Prescription Services	800 417-5086
VA Benefits	800 827-1000

VETERAN SERVICES *continued*

VA Healthcare Enrollment	888 954-3553
VA Regional Office/VA Benefits, 20 Washington Pl, Newark.....	800 827-1000
Veteran Benefits Hotline.....	888 8NJ-VETS

VISION RESOURCES

American Council of the Blind	800 424-8666
DOROT's University Without Walls	973 763-1511
Foundation Fighting Blindness.....	800 683-5555
HIP (Heightened Independence & Progress)	201 996-9100
Library for the Handicapped	800 685-2136
Lighthouse International	800 829-0500
National Federation of the Blind of New Jersey	973 759-3622
Newark Museum Tours for Visually Impaired Guests	973 596-6613
New Eyes for the Needy	973 376-4903
New Jersey Association of the Blind-Deaf 153 Halsey St, Newark.....	973 648-2111
NFB NEWSLINE.....	410 659-9314 x317
NJ Commission for the Blind & Visually Impaired	973 648-2111
NJ Self-Help Clearinghouse (<i>Support Group</i>).....	800 367-6274
NJ State Library for the Blind & Physically Handicapped.....	800 792-8322
North American Resource Line for Braille	800 272-4553
Prevent Blindness New Jersey	800 850-2020
Recorded Magazines	888 724-6423
The Seeing Eye.....	973 539-4425
The Talking Newspaper	201 498-0396
Vision Council of America	800 424-8422
Vision Loss Alliance of New Jersey (formerly NJ Foundation for the Blind)	973 627-0055

VISION SERVICES

Eye Trauma Services at The University Hospital 150 Bergen St, Newark.....	973 972-2020
Marano Eye Care at St. Michael's Medical Ctr 111 Central Av, Newark	973 877-5534

WALK-IN BATHTUBS

Back Home Safely (<i>ad on page 39</i>)	973 219-4147
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OUR PREFERRED SKILLED CARE AGENCIES

Atlantic Private Care	
(ad on page 60)	973 540-9000
BAYADA Home Health Care (Essex)	
(ad on page 61)	973 857-5035
BAYADA Home Health Care (Hudson)	
(ad on page 61)	201 343-7100
BAYADA Home Health Care (Union)	
(ad on page 61)	908 789-1717
BAYADA Home Health Care (Live-In)	
(ad on page 61)	908 379-7780
Brightstar Care – Essex & Morris Counties	
(ad on page 52)	973 898-0800
Care Street Home Care of NJ	
(ad on Inside Front Cover)	732 771-2273
ComForcare Home Care	
(ad on page 60)	908 408-5220 , 973 244-9400
Heart to Heart Home Care	
(ad on page 52)	973 678-5500
Promise Care NJ	
(ad on page 52)	201 418-6800 , 973 378-1000
SAGE Eldercare	
(ad on page 9).....	908 598-5555
The Senior Company	
(ad on Back Cover)	973 570-1140
Unicity Homecare	
(ad on page 61)	201 670-7100

SKILLED CARE DEFINITIONS

DIABETIC CARE – Refers to services including patient assessment, specific diet information, management of the disease process, medication management and education on all the above. Services provided by Registered Nurse under the supervision of a M.D. Some agencies may have certified diabetic nurse instructors or cardiac care specialty RN’s in their employ.

Continued on next page ➤

	HOME HEALTH – SKILLED CARE AGENCIES																				



SKILLED CARE DEFINITIONS

continued from page 53

ENTERAL FEEDING – Also called tube feeding, is a way to deliver nutrients through a tube if you cannot take food or drink through your mouth.

HOUR MINIMUM – The least number of hours a Non-Medical Home Care Agency will be available for hire. Medicare certified Home Health Agencies are not on a specified time frame.

HOSPICE – Refers to a comprehensive program of care to patients and families facing a life threatening illness. Hospice emphasizes palliative rather than curative treatment. The dying are comforted. Professional medical care is given, and sophisticated symptom relief provided.

INTRAVENOUS THERAPY (IV) – Refers to any medical treatments/medications that need to be introduced into the body via a patient's veins. Numerous IV Therapies can be provided in a patient's home under supervision of a MD. Some of these include: inter-infective/antibiotic therapies, hydration therapy, pain management, chemotherapy and central line care and maintenance.

MED-ALERT SYSTEMS – Personal medical alert products activated by pushing a button.

PRIVATE DUTY PERSONAL CARE – Assistance with Activities of Daily Living (ADL's), homemaking, companionship and other non-medical in home care. These services are available for hire after, or in conjunction with, Medicare certified services. Private payment, Medicaid and Veterans Benefits are a few of the ways personal care can be paid for.

PSYCHIATRIC CARE – Refers to the agencies' ability to offer services related to psychiatric support with the prevention, diagnosis, and treatment of mental illness. Services may include counseling or administering of medications.

SOCIAL WORKER – A clinical social worker whose purpose in health care is to enhance, promote, maintain, and restore the best possible social abilities of the patient or family. Services provided may be preventive, developmental, or remedial in nature.



SKILLED CARE DEFINITIONS continued

THERAPY SERVICES (ST, PT, OT, RT) –

Speech Therapy – Refers to services to assess and treat speech and swallowing disorders. Speech therapy can treat speech, language, cognitive skills or swallowing.

Continued on page 62 >

NON-SKILLED CARE AGENCIES

For individuals not in need of medical assistance, but who do need some support in the home, homemakers & companions provide housekeeping, incidental transportation, errands and other daily responsibilities which afford seniors the ability to remain in the comfort of their homes. For more information call our Seniors Resource Line at 973-560-0064.

OUR PREFERRED HOMEMAKERS AND COMPANIONS

Atlantic Private Care	
(ad on page 60)	973 540-9000
BAYADA Home Health Care (Essex)	
(ad on page 61)	973 857-5035
BAYADA Home Health Care (Hudson)	
(ad on page 61)	201 343-7100
BAYADA Home Health Care (Union)	
(ad on page 61)	908 789-1717
BAYADA Home Health Care (Live-In)	
(ad on page 61)	908 379-7780
Brightstar Care – Essex & Morris Counties	
(ad on page 52)	973 898-0800
Care Street Home Care of NJ	
(ad on Inside Front Cover)	732 771-2273
ComForcare Home Care	
(ad on page 60)	908 408-5220, 973 244-9400
Heart to Heart Home Care	
(ad on page 52)	973 678-5500
SAGE Eldercare	
(ad on page 9)	908 598-5555
The Senior Company	
(ad on Back Cover)	973 570-1140
Unicity Homecare	
(ad on page 61)	201 670-7100



**HEALTH AT HOME –
NON-SKILLED CARE AGENCIES**

HEALTH AT HOME – NON-SKILLED CARE AGENCIES						
	AD ON PAGE #	PHONE #	COUNTIES SERVED	PERSONAL CARE	HOMEMAKER / COMPANION	ALZHEIMER'S / DEMENTIA CARE
TRANSPORTATION				•	•	•
MEDICATION REMINDERS				•	•	•
MED-ALERT				•	•	•
24 HOUR CARE / LIVE-IN				•	•	•
24 HOUR ON CALL				•	•	•
WORKERS COMP (W)				•	•	•
BONDED (B) / INSURED (I)				•	•	•
LIABILITY COVERAGE				•	•	•
FREE ASSESSMENT				•	•	•
PRIVATE PAY				•	•	•
LONG-TERM CARE INSURANCE				•	•	•
CONTRACT WITH VA				•	•	•
MINIMUM HRS PER VISIT				•	•	•
ACCREDITED				•	•	•
Atlantic Private Care	60	973-540-9000	E U	•	•	•
BAYADA Home Health Care	61	973-857-5035	E	•	•	•
BAYADA Home Health Care	61	201-343-7100	H	•	•	•
BAYADA Home Health Care	61	908-789-1717	U	•	•	•
BAYADA Home Health Care (Live-In)	61	908-379-7780	E H U	•	•	•

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NON-SKILLED CARE DEFINITIONS

24 HOUR CARE – Refers to “round the clock treatment” in a home environment. The care may be shared by multiple caregivers or by a single caregiver.

24 HOUR ON CALL – Refers to someone being available 24 hours a day to speak with you.

ACCREDITED – Accrediting agencies are professional groups that establish and monitor voluntary, industry wide standards to ensure that patients receive quality home health care services. The Commission on Accreditation for Home Care, Inc. (CACH) and Community Health Accreditation Program (CHAP) are two of the accrediting agencies.

ALZHEIMER'S DEMENTIA CARE – This refers to personnel of the agency that are specifically trained to provide care to those that are afflicted with Alzheimer's or other dementia related problems.

BONDED – Means that a bonding company has secured money that is available to the consumer in the event they file a claim against the company.

Continued on next page >



SKILLED CARE DEFINITIONS *continued from page 57*

Physical Therapy – Refers to services for the treatment and the rehabilitation process where a physical therapist will often stretch, strengthen, facilitate muscles, challenge balance, test coordination abilities, teach home exercise programs and enhance basic mobility skills.

Occupational Therapy – Refers to services to assess and treat patients to improve their ability to perform tasks in their daily living and working environments. Patients may have mental, physical, developmental, or emotional disabilities. Therapists also help them to develop, recover, or maintain daily living and work skills. Occupational therapists help clients not only to improve their basic motor functions and reasoning abilities, but also to compensate for permanent loss of function.

Respiratory Therapy – Refers to services for care of patients with deficiencies and abnormalities associated with the cardiopulmonary system. It may include the therapeutic use of medical gases and their equipment, environmental control systems, humidification, aerosols, ventilator support, bronchi pulmonary drainage and exercise, respiratory rehabilitation, assistance with cardiopulmonary resuscitation, and maintenance of natural, artificial, and mechanical airways.

TRACH CARE – Refers to care administered to patients who have undergone a tracheotomy. A tracheotomy is a surgical procedure in which a cut or opening is made in the windpipe (trachea). The surgeon inserts a tube into the opening to bypass an obstruction, allow air to get to the lungs, or remove secretions.

WOUND CARE – Refers to services for providing diagnosis and treatment for ulcers, pressure sores and other wounds. Treatments may include but is not limited to irrigations, dressing, and wound vacs. Some agencies may employ specialty nurses to provide and instruct in care specifically for patients with more complicated wounds. ♦

NON-SKILLED CARE DEFINITIONS *continued from page 61*

FREE ASSESSMENT – Agencies that do not charge for the initial assessment of the client which is usually facilitated by a nurse or other professional capable of providing a detailed care plan.

GO/JACC – In 2009 the Department of Health and Senior Services consolidated three Medicaid supported home and community based service programs into a single program known as Global Options (GO). GO is an

NON-SKILLED CARE DEFINITIONS *continued*

income restricted program. JACC (Jersey Assistance for Community Care-giving) is a program similar to GO but for individuals with slightly higher income and not eligible for GO.

HOMEMAKER/COMPANION – Non-medical assistance with meal preparation, laundry, light housekeeping, errands, activities, outings, companionship and other household duties. These agencies are licensed

HOURLY MINIMUM – This refers to the minimum number of hours that an agency provides service.

INSURED – This refers to what happens if someone gets hurt on the job. If the company isn't insured, then the claim gets filed against the homeowner's insurance. If the company is insured, then the claim gets filed against the company's insurance.

MED-ALERT SYSTEMS – Personal medical alert products activated by pushing a button.

MEDICATION REMINDER – Assistance with reminding an individual about medications but not dispensing medications.

TRANSPORTATION – Rides to shopping, appointments and other outings.

WORKER'S COMP – Insurance that covers medical and rehabilitation costs and lost wages for employees injured at work. ➤

SENIOR HOUSING DEFINITIONS

ALZHEIMER'S/DEMENTIA ASSISTED LIVING COMMUNITIES – Licensed assisted living facility or skilled nursing facility that specialize in delivering care to victims of Alzheimer's and dementia. Communities are typically bedroom-style rental units with common areas for dining and activities. Many are locked for residents' safety. Specifically trained staff usually serves the special needs of this population. Amenities vary for each community.

ASSISTED LIVING COMMUNITIES – Typically apartment-style with kitchenettes and private baths. Some offer companion accommodations. Personal assistance with Activities of Daily Living (ADLs) bathing, groom-

Continued on page 65 ➤



INDEPENDENT LIVING COMMUNITIES

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 **Cedar Crest Village**
1 Cedar Crest Village Dr, Pompton Plains

Chelsea at Fanwood, The
295 South Ave, Fanwood

 **Lantern Hill**
535 Mountain Ave, New Providence

 **Winchester Gardens**
333 Elmwood Ave, Maplewood

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SENIOR HOUSING DEFINITIONS *continued from page 63*

ing, dressing, toileting, eating and ambulation. Rates vary from an all-inclusive to base rates with levels of care. Amenities vary for each community.

CCRC – Continuing Care Retirement Communities offer all levels of care on one campus (independent living, assisted living and skilled nursing). An endowment fee may be required that entitles residents to use assisted or skilled services when needed throughout their lifetime. Each community offers varied buy-in and payment plan options.

DAY CARE – Any provider can elect to provide day/night services on a short or long term basis. Rates typically include a place to rest, one or two meals and snacks and activities for the day. Licensed communities are prohibited by law to promote these services without a specific license.

INDEPENDENT HOUSING – Apartments and communities for adults 55+ with little or no senior support services (e.g. no meals, etc.).

INTERMEDIATE CARE – 24 hour inpatient care residents who need licensed nursing supervision and supportive care, but do not require continuous nursing care. Residents may receive full assistance with ADL's and transfers. Residents receive meds from a nurse following a doctors

Continued on page 77 ➤

ADDITIONAL INDEPENDENT LIVING COMMUNITIES

More information on these communities available at www.SeniorsBlueBook.com. Click on "Senior Housing."

ESSEX COUNTY		HUDSON COUNTY	
Bailey Holt Tower	973-673-5070	Ocean Towers Apartments	201-434-8691
Brewsters Manor	973-485-2415	YWCA Imperative Housing	201-333-6328
ESSEX COUNTY		MORRIS COUNTY	
Casa Mia Senior Housing	973-483-7775	 Cedar Crest Village	973-658-5285
Crane's Mill	973-276-3017		
Green Hill	973-766-9355		
Maplewood Seniors	973-763-4322	UNION COUNTY	
Montclair Inn	973-746-8917	Chelsea at Fanwood, The	908-654-5200
Nevada Streets Apts	973-622-8101		
Pine Ridge of Montclair	973-746-0003		
Salem Towers Apartments	973-678-5768	 Lantern Hill	844-779-8778
Village Apartments of the Jewish Federation	973-763-0999		
West Orange Senior Citizen Housing	973-736-3130		
Willow Home for Senior Citizens	973-744-1999	Park Hotel Rest Home	908-754-2211
 Winchester Gardens	877-230-5543	Plainfield Tower West	908-668-1963
		Springfield Seniors	973-467-1480
		Woodlands, The	908-753-1113

Solutions for Seniors

Our trained professionals can help you with questions about:

- Senior Housing
- Health at Home
- Community Resources

*Call the
Seniors Resource Line*
973-560-0064

*This is a **FREE SERVICE**
to help you find the
resources you need.*

You can also email us at:
beeckert@optonline.net





ASSISTED LIVING COMMUNITIES

PARTNERS OF THE SENIORS BLUE BOOK – ASSISTED LIVING COMMUNITIES

	AD ON PAGE #	PHONE #	CONTINUUM OF CARE	# OF UNITS	LOWEST STARTING PRICE	SEMI-PRIVATE ROOMS	PRIVATE ROOMS	SKILLED NURSING	SECURED ALZ / DEMENTIA UNIT	RESPIRE / SHORT-TERM STAY	ADULT DAY PROGRAMS	MEDICAID WAIVER	PETS
Amber Court Assisted Living 1155 E Jersey St, Elizabeth	75	908-352-9200		99	📞		•		•	•		•	
Arden Courts of Wayne (Memory Care Only) 800 Hamburg Tpk, Wayne	80	973-942-5600		54	📞	•	•		•	•			
Arden Courts of West Orange (Memory Care Only) 510 Prospect Ave, West Orange	80	973-736-3100		55	📞		•		•	•			
Arden Courts of Whippany (Memory Care Only) 18 Eden Ln, Whippany	80	973-581-1800		60	📞		•		•	•			
Atria Cranford 10 Jackson Dr, Cranford	75	908-709-4300		219	\$3,750	•	•		•	•		•	•
Branch Brook Park Manor 212 Clifton Ave, Newark	75	973-481-6516		16	\$3,000	•	•			•			
Brighton Gardens of Mountainside 1350 Rte 22 W, Mountainside	71	908-654-4460		123	📞	•	•		•	•		•	•



ASSISTED LIVING COMMUNITIES *continued*

PARTNERS OF THE SENIORS BLUE BOOK – ASSISTED LIVING COMMUNITIES (cont'd)

	AD ON PAGE #	PHONE #	CONTINUUM OF CARE	# OF UNITS	LOWEST STARTING PRICE	SEMI-PRIVATE ROOMS	PRIVATE ROOMS	SKILLED NURSING	SECURED ALZ / DEMENTIA UNIT	RESPIRE / SHORT-TERM STAY	ADULT DAY PROGRAMS	MEDICAID WAIVER	PETS
Sunrise of Summit 26 River Rd, Summit	71	908-673-1400		90	☎	•	•		•	•		•	•
Sunrise at West Essex 47 Greenbrook Rd, Fairfield	71	973-228-7890		94	☎	•	•		•	•		•	•
Sunrise of Westfield 240 Springfield Ave, Westfield	71	908-317-3030		92	☎	•	•		•	•			•
The Society House 328 E Mt. Pleasant Ave, Livingston	74	973-994-1797	•	15	\$3,900	•	•	•		•			
Winchester Gardens 333 Elmwood Ave, Maplewood	65	877-230-5543	•	115	☎		•		•	•			•

Indicates website link on seniorsbluebook.com

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Conveniently located in the heart of West Orange, we provide affordable, high quality health services and compassionate care for our residents. We have been caring for our seniors in the community for close to 100 years. *We are here for you now.*

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info@canterburyvillage.org
www.canterburyvillage.org



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ADDITIONAL ASSISTED LIVING COMMUNITIES

More information on these communities available at www.SeniorsBlueBook.com. Click on "Senior Housing."

BERGEN COUNTY			HUDSON COUNTY (cont'd)	
Sunrise of Edgewater	201-941-6111		Residence at Clara Maass Continuing Care Center	973-844-4800
ESSEX COUNTY			MORRIS COUNTY	
Arden Courts of West Orange (Memory Care Only)	973-736-3100		Arden Courts of Whippany (Memory Care Only)	973-581-1800
Arbor Terrace Roseland	973-352-0721		 Cedar Crest	800-960-6226
Branch Brook Park Manor	973-481-6516		PASSAIC COUNTY	
Brighton Gardens of West Orange	973-731-9840		Arden Courts of Wayne (Memory Care Only)	973-942-5600
Brookdale West Orange	855-350-3800		UNION COUNTY	
Canterbury Village	973-736-1194		Amber Court Assisted Living	908-352-9200
CareOne at Livingston Assisted Living	973-758-4100		Arbor Terrace Mountainside	908-836-6048
 Cliffs at Eagle Rock	888-377-2700		AristaCare at Delaire	908-862-3399
Crane's Mill Health Center	973-276-3017		Atria Cranford	908-709-4300
Green Hill	973-766-9355		Brighton Gardens of Mountainside	908-654-4460
Hearthside Commons at the Job Haines Home	973-743-0792		Chelsea at Fanwood	908-654-5200
Sunrise at West Essex	973-228-7890		 Lantern Hill	844-779-8778
The Society House	973-994-1797		New Jersey Multicare Center	908-353-1220
 Winchester Gardens	877-230-5543		Sunrise of Summit	908-673-1400
HUDSON COUNTY			Sunrise of Westfield	908-317-3030
Alaris Health at The Atrium Assisted Living	201-716-8000			

 = Call

 Indicates website link on seniorsbluebook.com

SENIOR HOUSING DEFINITIONS *continued from page 65*

orders and may receive outpatient rehab services. Facilities may use a nurse as a their consultant and the residents receive periodic assessments from a licensed practitioner.

PRICE ALL INCLUSIVE – Price listed includes any and all amenities a community has to offer.

RESPITE CARE – Otherwise known as a short-term stay. Any provider of IL, AL, ALZ or SNF care can elect to provide fully furnished accommodations to a person for a short period of time. Rates usually quoted on a daily basis and are typically inclusive of all services and amenities.

RETIREMENT COMMUNITIES – Housing designed specifically for mature adults. Typically Studio, 1 BR or 2 BR rental apartments with full kitchens, and private baths are available. Services include meal plans, transportation, housekeeping, laundry and maintenance. Amenities are usually abundant; formal libraries, computer stations, swimming pools, gardens, and other social gathering spaces. Rates are monthly and typically based upon size/ location of apartment.

SKILLED CARE – 24 hour licensed nursing services, eight hours of which are RN covered. Patient may receive rehab services either inpatient or out-patient and may be fully dependent for ADL's. Patients receive medications by an RN according to a licensed physicians orders.

SKILLED NURSING CARE FACILITIES – Providing 24/7 care for residents and offering full assistance with ADL's. Daily rates typically include a furnished bedroom and a private or shared bath, meals, activities, transportation, phone service, cable TV and all personal/nursing care. Pay-or sources usually accepted are Medicare, Medicaid, VA, some insurance plans and private sources.

TYPE 1 CARE – Residents may need significant assistance with 2 ADL's and minimal assistance on more than 2 ADL's daily. The resident must also be able to evacuate a community under their own power and have stable health. Residents receive 24/7 monitoring and may have an independent home health agency help with services.

TYPE 2 CARE – Residents receive full assistance with ADL's and are able to permit aging in place. Residents may require the assist of one person for transfers and evacuations. Residents receive 24/7 monitoring and may have an independent home health agency help with services. ♦



MEMORY CARE ASSISTED LIVING COMMUNITIES

PARTNERS OF THE SENIORS BLUE BOOK – MEMORY CARE ASSISTED LIVING COMMUNITIES

	AD ON PAGE #	PHONE #	# OF UNITS	LOWEST MONTHLY STARTING PRICE	PRICE ALL INCLUSIVE	ALZHEIMER'S / DEMENTIA RESIDENTS ONLY	SEMI-PRIVATE ROOMS	PRIVATE ROOMS	NURSING HOME ON SITE	RESPITE / SHORT-TERM STAY	ADULT DAY PROGRAMS	NURSE ON STAFF	FURNISHED APARTMENTS	SECURED COURTYARD
Amber Court Assisted Living 1155 E Jersey St, Elizabeth	75	908-352-9200	20	Ⓢ	•		•	•		•		•		
Arden Courts of Wayne (Memory Care Only) 800 Hamburg Tpk, Wayne	80	973-942-5600	54	Ⓢ	•	•		•		•		•	•	•
Arden Courts of West Orange (Memory Care Only) 510 Prospect Ave, West Orange	80	973-736-3100	55	Ⓢ	•	•		•		•		•	•	•
Arden Courts of Whippany (Memory Care Only) 18 Eden Ln, Whippany	80	973-581-1800	60	Ⓢ	•	•		•		•		•	•	•
Atria Cranford 10 Jackson Dr, Cranford	75	908-709-4300	50	\$5,500	•		•	•		•		•	•	•
Brighton Gardens of Mountainside 1350 Rte 22 W, Mountainside	71	908-654-4460	20	Ⓢ			•	•		•		•	•	•
Brighton Gardens of West Orange 220 Pleasant Valley Way, West Orange	71	973-731-9840	24	Ⓢ	•	•	•	•		•		•	•	•

[illegible]

$\textcircled{c} = \text{Call}$

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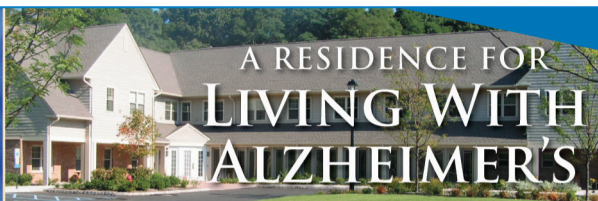
arden-courts.com

Arden Courts 
Memory Care Community

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West Orange
(973) 736-3100

Whippany
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ADDITIONAL MEMORY CARE ASSISTED LIVING COMMUNITIES

More information on these communities available at www.SeniorsBlueBook.com. Click on "Senior Housing."

BERGEN COUNTY		MORRIS COUNTY (cont'd)	
Sunrise of Edgewater	201-941-6111	 Cedar Crest	800-960-6226
ESSEX COUNTY		PASSAIC COUNTY	
Arbor Terrace Roseland	973-352-0721	Arden Courts of Wayne (Memory Care Only)	973-942-5600
Arden Courts of West Orange (Memory Care Only)	973-736-3100	UNION COUNTY	
Brighton Gardens of West Orange	973-731-9840	Amber Court Assisted Living	908-352-9200
Brookdale West Orange	855-350-3800	Arbor Terrace Mountainside	908-836-6048
CareOne at Livingston	973-758-4100	Atria Cranford	908-709-4300
Crane's Mill Health Center	973-276-3017	Birchwood Square at Cranford Health	908-272-6660
 Haven at the Cliffs at Eagle Rock	888-377-2700	Brighton Gardens of Mountainside	908-654-4460
Sunrise at West Essex	973-228-7890	Chelsea at Fanwood	908-654-5200
 Winchester Gardens	877-230-5543	 Lantern Hill	844-779-8778
HUDSON COUNTY		Sunrise of Summit	908-673-1400
Alaris Health at The Atrium at Hamilton Park	201-716-8000	Sunrise of Westfield	908-317-3030
MORRIS COUNTY			
Arden Courts of Whippany (Memory Care Only)	973-581-1800		

 Indicates website link on seniorsbluebook.com

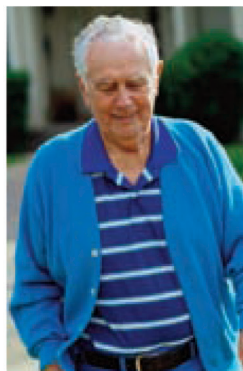


**SKILLED NURSING AND
REHABILITATION FACILITIES**

PARTNERS OF THE SENIORS BLUE BOOK – SKILLED NURSING AND REHABILITATION FACILITIES

AD ON PAGE #	PHONE #	# OF BEDS	RESPIRE / SHORT-TERM STAY	ALZHEIMER'S / SECURED DEMENTIA CARE	LOWEST DAILY RATE	SUB-ACUTE UNIT	SEMI-PRIVATE ROOMS	PRIVATE ROOMS	MEDICAID	MEDICARE	TRACH UNIT	VENT UNIT
CareOne at Livingston 68 Passaic Ave, Livingston	72	973-758-9000	136	•	☎	•	•	•	•	•	•	
Cedar Crest 4 Cedar Crest Dr, Pompton Plains	74	800-960-6226	113		\$434	•		•	•	•	•	
Cranford Park Rehab & Health Care 600 Lincoln Park E, Cranford	87	908-868-3569	100	•	\$298	•	•	•	•	•	•	
Elmora Hills Healthcare & Rehab 225 W Jersey St, Elizabeth	IFC	908-353-1220	200	•	\$380	•	•	•	•	•	•	

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- Long Term Care at Job Haines Home - Our 30-bed nursing residence offers quality skilled care by a staff committed to providing personalized attention.
- Sub-Acute Care at The Pavilion - Our state-of-the-art short-term program provides a home-like setting for rehabilitation after injury, stroke or surgery and for physical therapy to enhance quality of life.

Job Haines Home represents more than 100 years of warmth, caring, and respect for the individual. We offer stimulating programs at all levels of care, seven days a week, designed for a variety of tastes, interests, and levels of ability.

We are very proud of our beautiful home in convenient Bloomfield and invite you to visit and see how Job Haines serves the needs of our residents.

To arrange a visit or for more information,
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Elmwood Hills *Blackwood, NJ*
Elmora Hills *Elizabeth, NJ*
Hamilton Grove *Hamilton, NJ*
Hampton Ridge *Toms River, NJ*
Hunterdon Care Center *Flemington, NJ*
Park Crescent *East Orange, NJ*
Rolling Hills *Lebanon, NJ*
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South Mountain *Vauxhall, NJ*
Tower Lodge *Wall, NJ*

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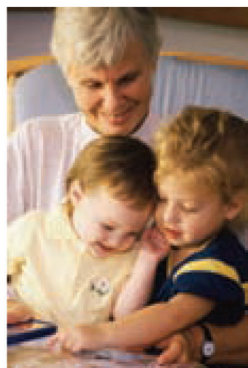
Taylor Care at Galloway
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- Long Term Care at Job Haines Home - Our 30-bed nursing residence offers quality skilled care by a staff committed to providing personalized attention.
- Sub-Acute Care at The Pavilion - Our state-of-the-art short-term program provides a home-like setting for rehabilitation after injury, stroke or surgery and for physical therapy to enhance quality of life.

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ADDITIONAL SKILLED NURSING AND REHABILITATION FACILITIES

More information on these communities available at www.SeniorsBlueBook.com. Click on "Senior Housing."

ESSEX COUNTY		HUDSON COUNTY	
Arbor Glen Center – Genesis Healthcare	973-256-7220	Harborage, The	201-854-5400
Broadway House	973-268-9797	Hudson View Care & Rehab Center	201-861-4040
Brookhaven Health Care Center	973-676-6221	Majestic Rehab & Nursing Center	201-435-0033
Canterbury at Cedar Grove	973-239-7600	Manhattan View Healthcare Center	201-325-8400
CareOne at Livingston	973-758-9000	Peace Care St. Ann's	201-433-0950
		Peace Care at St. Joseph's	201-653-8300
		MORRIS COUNTY	
		 Cedar Crest	800-960-6226
	UNION COUNTY		
		AristaCare of Delaire	908-862-3399
		AristaCare of Norwood Terrace	908-769-1400
		Ashbrook Care & Rehab Center	908-889-5500
		Autumn Lake Rehab & Nursing Center	908-464-0048
		Brother Bonaventure Extended Care Center	908-994-7050
		Complete Care at Westfield	908-233-9700

	Job Haines Home	973-743-0792		Complete Care at Woodlands	908-753-1113
	Little Nursing Home	973-744-5518		Cornell Care & Rehab	908-687-7800
	Montclair Care Center	973-746-4616		Cranford Park Rehab & Health Care	908-868-3569
	Mountainside Hospital Transitional Care Unit	973-429-6949		Cranford Rehab & Nursing	908-272-6660
	New Community Extended Care	973-624-2020		Elizabeth Nursing & Rehab Center	908-354-0002
	New Vista Nursing & Rehab	973-484-4222		Elmora Hills Healthcare & Rehab	908-353-1220
	Park Manor Nursing & Rehab	973-743-7772		JFK / Hartwyck at Cedarbrook	908-754-3100
	Park Crescent Healthcare & Rehab	973-674-2700		 Lantern Hill	844-779-8778
	St. Vincent's Nursing Home	973-754-4800		ManorCare Health Services - Mountainside	908-654-0020
	Sinai Post Acute Nursing & Rehab	973-483-6800		Plaza Health Care	908-354-1300
	Stratford Manor Care & Rehab Center	973-731-4500		Robert Wood Johnson Univ Hospital at Rahway	732-381-4200
	Waterview Center	973-239-9300		RUNNELLS Center for Rehab & Healthcare	908-771-5700
	West Caldwell Care Center	973-226-1100		South Mountain Healthcare & Rehab	908-688-3400
	White House Healthcare & Rehab Center	973-672-6500		Spring Grove Rehab	908-464-8600



Indicates website link on seniorsbluebook.com



Medicare 2022 “In A Nutshell”

(Parts A, B & Medigap Plans)

Original Medicare is a government health insurance program primarily for people age 65 and older. It has four main parts: A, B, C & D. The chart below is an example of how Parts A & B work together with a traditional Medicare supplement also known as a “Medigap Plan.”

Medicare Part A <i>Hospital Insurance</i>	Medicare Part B <i>Medical Insurance</i>	Supplemental Policy Plans A - N <i>Medigap</i>
Generally no cost (If you paid Medicare taxes while working)	Most people pay monthly \$170.10 (Premium could be higher based on income)	Premium varies by company, age, location & other factors.
\$1,556 deductible (per benefit period)	\$233 annual deductible. (this can increase each year)	Guarantee Issue at initial enrollment (Other special enrollment periods may be available)
It is possible to pay the \$1,556 deductible and other daily charges for multiple stays & extended care.	80/20 after deductible.	These plans generally pay the 20% not covered by Part B & other Medicare eligible benefits
Plan covers: Inpatient hospital care, home health care services, hospice, in-patient skilled nursing & more.	Plan covers: health care providers, ambulance, emergency care, outpatient surgical, wellness & other Medicare approved benefits	When this coordinates with Medicare, many benefits are 100% covered
Providers are paid by Medicare assignment.	Most doctors accept Medicare.	Can provide benefits outside USA
No coverage outside USA.	No coverage outside the USA.	Plans are available through insurance companies.
No out-of-pocket maximum.	No out-of-pocket maximum.	Important to add Part D plan to cover prescription drugs & avoid penalties.
Many people add a Medigap plan, Part D or an Advantage Plan (Part C) to fill the “gaps” in the coverage.	Many people add a Medigap plan, Part D or an Advantage Plan (Part C) to fill the “gaps” in the coverage.	Must have Part A & B to enroll.

There is NO additional cost to use the services of a full time insurance professional.
Please call us or a broker in your local area for additional assistance.

This article was written by Craig N. Anderson, President of
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Medicare 2022 “In A Nutshell”

Med Advantage (Part C) with RX (Part D)

Medicare Advantage plans are governed by Medicare. They are only offered through insurance companies that have an annual contract with Medicare. They are NOT the same as Medigap policies. They must cover all Medicare approved services. Most Advantage plans include Part D prescription drug coverage.

Advantage Plans Part C INSTEAD of a Medigap Plan (A-N)	Medicare Part D Drug Program
Premium varies by company and coverage. (Same premium for all ages).	Premium varies by company and coverage. (Same premium for all ages).
Part B premium \$170.10 is still paid (Premium can be higher depending on income)	Plans are generally a variation of the following: Deductible (Phase I) \$0–\$480 deductible
There are many plan types available: PPO, HMO, HSA, PFFS, etc.	Initial Coverage (Phase II) co-pay coverage until the total cost of the drugs = \$4,430
Plans have co-pay and / or coinsurance for covered benefits & services.	Coverage Gap / Doughnut Hole (Phase III) The member now pays much more for covered drugs 25% generic / 25% brand. There is a drug manufacture discount on brand name drugs that can count toward the “True out-of-pocket” (TrOOP) You remain here until the \$7,050 (TrOOP) has been met
Preventive care is covered 100%.	Catastrophic Coverage (Phase IV) For the remaining calendar year, covered drugs are: \$3.95 / \$9.85 or 5% depending on drug tier
Plans have an annual out-of pocket maximum.	Part D can be separate with Medigap & PFFS plans. There is a penalty for late enrollment into Part D.
Plans may have additional services and discounts, including dental, vision, gym membership & more.	Annual Election Period is Oct 15–Dec 7 each year
There is an Annual Election Period (AEP) which runs from October 15–December 7 of each year. This is the time to make changes in company or coverage.	Must have Part A or B to enroll.
Must have Part A & B to enroll.	

For more information visit www.medicare.gov or call 1-800-MEDICARE.

*This information is the opinion of the author and intended as an easy to read summary.
This is not a contract. Additional limitations and exclusions may apply to services.
In the event of any inconsistencies with Medicare or with a published medical insurers certificate, the certificate / Medicare will control. Prepared 12/1/2021*



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